

SUGGESTED USAGE: Add 1 level scoop daily to 8 - 12 oz. of water, milk, or your favorite beverage.

NOW® Soy Protein Isolate is a good vegetable source of high quality complete protein that has an excellent amino acid profile. Soy products, including Soy Protein, have naturally occurring phytoestrogens and beneficial proteins such as Genistein and Daidzein. Make sure you're getting the basic building blocks of good health with high quality Soy Protein Isolate from NOW.

Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. One serving of NOW® Soy Protein Isolate Powder provides 25 grams of soy protein.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Natural color variation may occur in this product.

CODE 2142B V4



Soy Protein Isolate

Natural Vanilla

Non-GMO

Mixes Easily, Tastes Great!

**25 g of Soy Protein
per serving**

Net Wt. 2 lbs. (907 g)



Nutrition Facts

Serving Size 1 Level Scoop (approx. 45 g)
Servings Per Container about 20

Amount Per Serving			
Calories 180		Calories from Fat 20	
		% Daily Value*	
Total Fat 2.5 g			4%
Saturated Fat 0.5 g			3%
Trans Fat 0 g			
Cholesterol 0 mg			0%
Sodium 330 mg			14%
Potassium 420 mg			12%
Total Carbohydrate 13 g			4%
Dietary Fiber 3 g			12%
Sugars 10 g			
Protein 25 g			50%
Vitamin A 0%		Vitamin C 0%	
Calcium 6%		Iron 30%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	2,000	2,500	
	Calories	Calories	
Total Fat	Less than 65g	80g	
Sat. Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300mg	
Sodium	Less than 2,400mg	2,400mg	
Potassium	Less than 3,500mg	3,500mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	
Protein	50g	65g	
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

Ingredients: Soy Protein Isolate (IP, Non-GMO), Fructose, Natural Flavors, Soy Lecithin and Sea Salt.

NOW FOODS
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Bloomington, IL 60108, USA
nowsportsproducts.com

Vegetarian/Vegan Product.

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 45 g Serving
L-Histidine	680
L-Isoleucine	1243
L-Leucine	2071
L-Lysine	1598
L-Methionine	325
L-Phenylalanine	1331
L-Threonine	976
L-Tryptophan	325
L-Valine	1272
Non-Essential Amino Acids	
L-Alanine	1095
L-Arginine	1923
L-Aspartic Acid	2959
L-Cysteine	325
L-Glutamic Acid	4882
Glycine	1065
L-Proline	1302
L-Serine	1331
L-Tyrosine	976

** subject to natural variability

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Please Recycle.