

Kava Liquid Extract
Promotes Peaceful Relaxation
*Reduces Stress & Frustration**

Supplement Facts

Serving Size: 0.7 ml	Servings: about 168
Amount Per Serving	% DV
Kava rhizome with root (<i>Piper methysticum</i>) Ⓔ extract 580 mg Ⓔ	†
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol (83-93%). **Non-GMO & Gluten-Free**

Ⓔ Purity Verified

Ⓔ Extraction rate 700 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 1

Herb Pharm's Kava is grown and harvested in the remote Vanuatu Islands in the South Pacific. Our Kava is prepared from the whole rhizome with root (never peel, stem or leaf) of 4 to 8 year-old *Piper methysticum* plants, and is extracted using only pharmaceutical-grade alcohol (never industrial solvents).

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

rhizome with root

KAVA

NERVOUS SYSTEM

Calming & Stabilizing*



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

Caution: FDA advises that a potential risk of rare, but severe, liver injury may be associated with Kava. Ask a healthcare professional before use if you have, or have had, liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if liver symptoms occur (unusual fatigue, abdominal pain, appetite loss, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Do not take with alcoholic beverages. Excessive use may briefly impair ability to drive, or operate machinery.

Keep Out of the Reach of Children

Store away from heat & light

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