

MegaFood®

Fresh From Farm To Tablet™

Un-Stress®

Nourish • Calm • Focus

MULTIVITAMIN & HERBAL
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 2 Tablets

Servings per Container 45

Amount per Serving		% DV ▼	
FoodState Nutrients			
Vitamin C	(1000 mg†; organic orange)	250	mg 417
Thiamine (B-1)	(80 mg†; <i>S. cerevisiae</i>)	20	mg 1333
Riboflavin (B-2)	(200 mg†; <i>S. cerevisiae</i>)	20	mg 1176
Niacinamide	(240 mg†; <i>S. cerevisiae</i>)	60	mg 300
Vitamin B-6	(125 mg†; <i>S. cerevisiae</i>)	25	mg 1250
Folate	(40 mg†; broccoli)	400	mcg 100
Vitamin B-12	(24 mg†; <i>S. cerevisiae</i>)	120	mcg 2000
Biotin	(60 mg†; organic brown rice)	300	mcg 100
Pantothenic Acid	(240 mg†; <i>S. cerevisiae</i>)	60	mg 600
Zinc	(100 mg†; <i>S. cerevisiae</i>)	5	mg 33
Immune Health Blend		130	mg **
Organic Astragalus Root, Organic Eleuthero Root, Organic Whole Orange (natural source bioflavonoids), Organic Blueberry (natural source anthocyanins), Organic Cranberry (natural source proanthocyanidins), Organic Schisandra Berry			
Un-Stress® Herbal Blend		70	mg **
Organic Ashwagandha Root, Organic Chamomile Flower, Organic Ginger Root			

** % Daily Value (DV) not established

†Total Weight FoodState Nutrient to Deliver Daily Value

Other Ingredients: Plant Cellulose, Vegetable Lubricant, Silica.

Suggested Use: 2 tablets daily. May be taken anytime throughout the day, even on an empty stomach.

MegaFood cares about doing things the right way – we refuse to take shortcuts, and we never compromise on quality or the things that matter. Since 1973, we have been going out of our way to source fresh and local foods from trusted farmers. We then make our wholesome supplements using our one-of-a-kind process to deliver the most authentic nutrition – much more than vitamins alone.

FoodState Nutrients™ are made with fresh, real foods to provide essential vitamins and minerals that are easy-to-digest and gentle on the body, even when taken on an empty stomach.

Made with Love by MegaFood,
PO Box 325, Derry, NH 03038
To learn more, visit megafood.com
or call 800.848.2542



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Before: