

Supplement Facts

Serving Size: 1 packet (5.2 g)

	Amount per Serving	% Daily Value
Calories	15	
Total Carbohydrate	3 g	1%†
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Thiamin (vitamin B1) (as thiamine HCl)	0.38 mg	25%
Riboflavin (vitamin B2) (as riboflavin and riboflavin 5'-phosphate)	6.43 mg	378%
Niacin (vitamin B3) (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	500%
Folate [from lemon extract (peel)]	12.5 mcg	3%
Vitamin B12 (as methylcobalamin)	250 mcg	417%
Pantothenic acid (as D-calcium pantothenate)	2.5 mg	25%
Calcium (as calcium lactate gluconate, calcium lactate pentahydrate)	50 mg	5%
Phosphorus (as potassium phosphate)	38 mg	4%
Magnesium (as magnesium citrate)	60 mg	15%
Zinc (as zinc gluconate)	10 mg	67%
Manganese (as manganese gluconate)	0.5 mg	25%
Chromium (as chromium nicotinate glycinate)	10 mcg	8%
Potassium (as potassium bicarbonate, potassium phosphate)	200 mg	6%
Alpha Lipoic Acid	1 mg	**
Quercetin	1 mg	**

†Daily Value not established. †% Daily Value is based on a 2,000 calorie diet.

Other ingredients: maltodextrin, citric acid, natural orange flavor, stevia extract, hydroxypropyl methylcellulose, gum arabic, monk fruit extract.

Manufactured for:

Quality Supplements and Vitamins, Inc.

Ft. Lauderdale, FL 33309 • LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Mix one (1) packet in 4 - 8 oz. of water (to taste) and stir. Take one packet up to two times a day or as recommended by a healthcare practitioner.

CAUTION: Individuals consuming more than 2,000 IU/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Vitamin D supplementation is not recommended for individuals with high blood calcium levels.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

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product
info



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

daily C+
Citrus Flavor

**1,000 mg
Vitamin C**
with Vitamin D3,
B Vitamins & Zinc

**Effervescent
Drink Mix**

Low Calorie
Sugar Free
Sodium Free
Naturally Sweetened with
Stevia and Monk Fruit extract

DIETARY SUPPLEMENT

30 PACKETS • NET WT. 5.5 OZ (156 G)

LifeExtension®

daily C+

Daily C + provides the perfect blend of 1,000 mg of Vitamin C with other essential vitamins and minerals. Ideal to take "on the go" to support the immune system, replenish electrolytes and boost energy naturally with a full complement of B vitamins.

Daily C + provides these benefits without sugar or sodium and is naturally sweetened with Stevia and Monk Fruit extract.

- With electrolytes and bioactive forms of Riboflavin, Vitamin B6 and Vitamin B12
- High potency antioxidant Vitamin C
- Non-GMO

