

DIRECTIONS: Take Greens Today® Vegan Formula once or twice daily on an empty stomach or with a light meal. Pour 8-12 oz. of water, juice, soy, rice or almond milk into a blender or shaker with cover. Add in one (1) scoop (17 g) of Greens Today® Vegan Powder. Cover, blend or shake well, and enjoy!

Greens Today® Vegan Formula is an unsurpassed, advanced phyto-nutrient Superfood which supplies uniquely combined nutraceutical ingredients, including Vitamins and Minerals, Green Superfoods, Fiber, Herbs, Vegetables and Fruits in an easy to mix, delicious formula. **Green Up Your Day!**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

This product is sold by weight, not volume.
Settling of contents may occur during shipping and handling.

WARNING: Keep Out of Reach of Children. Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.



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27415 REV 6/14

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www.naturesanswer.com
& www.greentoday.com



Vegan Formula

4,000 mg of Green Superfoods
Spirulina, Broccoli, Barley Grass, Wheat Grass & MORE!

1,000 mg of Fiber
*Flaxseed, Rice Bran, Apple, FOS
Vegetables, Fruits, Mushrooms & MORE!*

POWERFUL NUTRIENTS

Dietary Supplement

Net Wt. 18 oz (510 g)

Supplement Facts

Serving Size 1 Level Scoop (17 g)

Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	40	Selenium (as Selenium Amino Acid Chelate)	70 mcg 100%
Calories from Fat	10	Copper (as Copper Gluconate)	2 mg 100%
Total Fat	1 g 2%*	Manganese (as Manganese Chelazome)	2 mg 100%
Saturated Fat	0.5 g 3%*	Chromium (as Chromium Picolinate)	214 mcg 178%
Total Carbohydrate	7 g 2%*	Molybdenum (as Molybdenum Amino Acid Chelate)	86 mcg 115%
Dietary Fiber	1 g 4%*	Sodium (as Sodium Ascorbate)	31 mg 1%
Sugars	2.5 g †	Potassium (as Potassium Citrate and Dipotassium Phosphate)	375 mg 11%
Protein	0.5 g 1%*	Proprietary Superfood Blend	4 g †
Vitamin A (as Beta-Carotene)	5,000 IU 100%	Spirulina, Broccoli (flower), Barley (grass), Alfalfa (leaf), Wheat (grass), Chlorella, Spinach (leaf), Kelp.	
Vitamin C (as Sodium Ascorbate)	215 mg 358%	Proprietary Fiber Blend	1.35 g †
Vitamin E (as d-Alpha Tocopheryl Succinate and Mixed Tocopherols)	170 IU 567%	Flaxseed, Rice Bran, Apple Fiber, Fructooligosaccharides (FOS).	
Vitamin K (Phytonadione)	8 mcg 10%	Proprietary Herbal Blend	365 mg †
Thiamin (Vitamin B1)	2.5 mg 167%	Slippery Elm (bark), Jerusalem Artichoke (tuber), Maca Root Extract, Eleuthero Root Extract, Astragalus (root), Fo-Ti (root), Burdock (root), Pau d'Arco (bark), Ginger (root), Dandelion (root), Hawthorn (berry), Echinacea purpurea Root Extract, Horsetail (herb).	
Riboflavin (Vitamin B2)	1.7 mg 100%	Proprietary Antioxidant Blend	120 mg †
Niacin (as Niacinamide)	17 mg 85%	Beet (root), Rose Hips (fruit), Acerola Cherry (fruit), Pine Bark Extract, Green Tea Leaf Extract, Bilberry Fruit Extract.	
Vitamin B6 (as Pyridoxine Hydrochloride)	4 mg 200%	Proprietary Immune Blend	11 mg †
Folic Acid	400 mcg 100%	Reishi Mushroom, Maitake Mushroom.	
Vitamin B12 (as Cyanocobalamin)	30 mcg 500%	Vanadium Chelavite	50 mcg †
Biotin	260 mcg 87%		
Pantothenic Acid (as Calcium d-Pantothenate)	10 mg 100%		
Calcium (as Calcium Carbonate, Calcium Citrate and Calcium Malate)	480 mg 48%		
Iron	6 mg 33%		
Phosphorus (as Dipotassium Phosphate)	52 mg 5%		
Iodine (as Kelp)	130 mcg 87%		
Magnesium (as Magnesium Citrate)	227 mg 57%		
Zinc (as Zinc Glycinate Chelate)	13 mg 87%		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Soy Lecithin, Fructose, Natural Strawberry Flavor, Maltodextrin, Cellulose Gum, Xanthan Gum, Silica.

Call 1-800-439-2324 for product information, or access our website: www.greentoday.com