

Recommendation: Adults chew 3 gummies daily. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Gummies
Servings Per Container 25

Amount per 3 Gummies % DV

Calories	25	
Total Carbohydrate	6 g	2%†
Sugars	4 g	**
Vitamin A (as retinyl palmitate)	3,750 IU	75%
Vitamin C (ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	800 IU	200%
Vitamin E (as d-alpha tocopheryl acetate)	22.5 IU	75%
Thiamin (B1) (as thiamin HCl)	750 mcg	50%
Riboflavin (B2)	850 mcg	50%
Niacin (B3) (as niacinamide)	10 mg	50%
Vitamin B6 (pyridoxine HCl)	3 mg	150%
Folic Acid (B9)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	15 mcg	250%
Biotin (B7)	300 mcg	100%

Amount per 3 Gummies % DV

Pantothenic Acid (B5) (as calcium d-pantothenate)	5 mg	50%
Calcium (as tricalcium phosphate)	100 mg	10%
Phosphorus (from tricalcium phosphate)	50 mg	5%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	5 mg	33%
Sodium	15 mg	<1%
Orchard Fruits™ & Garden Veggies™ Powder Blend:	150 mg	**
Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cranberry, Açaí, Asparagus, Broccoli, Brussels Sprout, Cabbage, Cucumber, Pea, Spinach, Tomato		
Lutein (from Aztec marigold)	500 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other Ingredients: organic tapioca syrup, dried cane syrup, pectin, citric acid, natural flavors, colors (grape juice concentrate, elderberry, beta carotene), sodium citrate, fractionated coconut oil (non-hydrogenated), beeswax

- **PREMIUM** formula sweetened with tapioca/cane syrups
- **16 vitamins/minerals with lutein**
- **Full B-vitamin complex**
- **Orchard Fruits™ and Garden Veggies™ blend**
- **Made with pectin, no gelatin**
- **Delicious fruit flavors**

GLUTEN FREE. No gelatin, dairy, yeast, wheat, soy, peanuts, eggs, artificial flavors or preservatives.

Satisfaction Guaranteed. Safety sealed for your protection. Do not use if safety seal under child resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight. **Keep out of reach of children.**

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Questions? 1-800-9NATURE / naturesway.com

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LN15899.B01 BLK8795B



Helps Support:



Converting food
into Energy*



Heart*



Eyes*



Immunity*



Bones*

**PREMIUM
FORMULA**



Gluten Free • No Gelatin

Alive!

Women's 50+ GUMMY VITAMINS

Orchard Fruits™ • Garden Veggies™
powder blend (150 mg)

COMPLETE MULTI-VITAMIN SUPPLEMENT 75 GUMMIES