

DIRECTIONS: Take Greens Today® Men's Formula once daily on an empty stomach or with a light meal. Pour 8-12 oz. of water, juice, soy, rice or almond milk into a blender or shaker with cover. Add in three (3) level scoops (50 g) of Greens Today® Men's Formula. Cover, blend or shake well, and enjoy!

Greens Today® Men's Formula is an Unsurpassed, Advanced Phytonutrient Superfood which supplies uniquely combined nutraceutical ingredients including Whey Protein, Maca, Horny Goat Weed, Sarsaparilla, Muira Puama, Saw Palmetto, *Tribulus terrestris*, L-Arginine, Pygeum, Nettle Root, Lycopene, Zinc & so much more.

Greens Today® Men's Formula
helps keep men energized and happy!†

This product is sold by weight, not volume.
Settling of contents may occur during shipping and handling.

WARNING: Keep Out of Reach of Children. Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

NOTICE: Use this product as a food supplement only.
Do not use for weight reduction.

Store in a cool, dry place.

*Per serving

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www.naturesanswer.com & www.greentoday.com



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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Men's Formula

Superfood for Everyday Health

20 grams of WHEY PROTEIN*

3,250 mg of GREEN SUPERFOODS*

*Spirulina, Broccoli, Barley Grass,
Wheat Grass & MORE!*

POWERFUL NUTRIENTS

Dietary Supplement

Net Wt. 26.4 oz (750 g)

A men's formula supplying (in each 50 g serving) the following:

Supplement Facts

Serving Size 3 Level Scoops (50 g)
Servings Per Container 15

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	130	Chromium (as Chromium Picolinate)	120 mcg 100%
Calories from Fat	10	Molybdenum (as Molybdenum Amino Acid Chelate)	48 mcg 64%
Total Fat	1 g 2%**	Sodium (as Sodium Ascorbate)	11 mg <1%
Saturated Fat	1 g 5%**	Potassium (as Potassium Citrate and Dipotassium Phosphate)	175 mg 5%
Total Carbohydrate	10 g 3%**		
Dietary Fiber	6 g 24%**	Whey Protein Concentrate	29,000 mg (29 g) †
Soluble Fiber	6 g †	Proprietary Green Superfood Blend	3,250 mg (3.25 g) †
Sugars	3 g †	Spirulina, Broccoli (flower), Barley (grass), Alfalfa (leaf), Wheat (grass), Chlorella, Spinach (leaf), Kelp.	
Protein	20 g 40%**	Proprietary Fiber Blend	3,600 mg (3.6 g) †
Vitamin A (as Beta-Carotene)	1,875 IU 38%	Oat Bran, Apple Fiber, Flaxseed, Rice Bran, Fructooligosaccharides (FOS).	
Vitamin C (as Sodium Ascorbate)	118 mg 197%	Proprietary Herbal Blend	365 mg †
Vitamin D3 (as Cholecalciferol)	466 IU 117%	Maca Root Extract, Artichoke Leaf Extract, Eleuthero Root Extract, Rhodiola Root Extract, Cinnamon (bark), Dulse Seaweed, Dandelion (root), Fo-Ti (root), Hawthorn (berry), Pau d'Arco (bark), Astragalus (root), Ginger (root), Horsetail (herb).	
Vitamin E (as d-Alpha Tocopheryl Acid Succinate and Mixed Tocopherols)	95 IU 317%	Proprietary Men's Blend	1,200 mg (1.2 g) †
Vitamin K (Phytonadione)	1 mcg 1%	Horny Goat Weed Extract, Muira Puama Root Extract, Saw Palmetto Berry Extract, Sarsaparilla (root), Pumpkin Seed Extract, Nettle Root Extract, <i>Tribulus terrestris</i> Root Extract, Pygeum (bark), Fenugreek (seed).	
Thiamin (Vitamin B1)	1.4 mg 93%	Proprietary Antioxidant Blend	120 mg †
Riboflavin (Vitamin B2)	0.75 mg 44%	Lycopene, Acerola Cherry (fruit), Beet (root), Rose (hips), Pine Bark Extract, Green Tea Leaf Extract, Grape Seed Extract.	
Niacin (as Niacinamide)	7.5 mg 38%	Proprietary Organic Antioxidant Blend	370 mg †
Vitamin B6 (as Pyridoxine Hydrochloride)	1.5 mg 75%	Organic Pomegranate, Organic Raspberry, Organic Blackberry, Organic Acai, Organic Cranberry, Organic Blueberry.	
Folic Acid	190 mcg 48%	Proprietary Amino Blend	2,000 mg (2 g) †
Vitamin B12 (as Cyanocobalamin)	10 mcg 167%	L-Arginine, L-Carnitine.	
Biotin	120 mcg 40%	Proprietary Immune Blend	11 mg †
Pantothenic Acid (as Calcium D-Pantothenate)	4 mg 40%	Reishi Mushroom, Maitake Mushroom, Shiitake Mushroom.	
Calcium (as Calcium Carbonate, Calcium Citrate and Calcium Malate)	200 mg 20%	Vanadium Chelavite	50 mcg †
Iron	1 mg 6%		
Phosphorus (as Dipotassium Phosphate)	25 mg 3%		
Iodine (as Kelp)	22 mcg 15%		
Magnesium (as Magnesium Citrate)	125 mg 31%		
Zinc (as Zinc Glycinate Chelate)	7 mg 47%		
Selenium (as Selenium Amino Acid Chelate)	41 mcg 59%		
Copper (as Copper Gluconate)	1 mg 50%		
Manganese (as Manganese Chelazome)	1 mg 50%		

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Fructose, Banana, Natural Cherry Flavor, Carob, Silica, Stevia Extract.

Call 1-800-439-2324 for product information,
or access our website: www.greentoday.com