

Omega-3 600 mg is a concentrated and highly purified Omega-3 Fish Oil selected from the finest deep sea, cold water fish. Omega-3 fatty acids support heart and cardiovascular health.* Omega-3 600 mg is molecularly distilled to remove Mercury.

WARNING: If you are pregnant, nursing, using anticoagulant drugs, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. EPA and DHA should be consumed minimum 250 mg/day and maximum 3 g/day. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

NATURE'S BOUNTY

Omega-3 600mg

**May Promote
Heart Health***

**PURIFIED TO
ELIMINATE
MERCURY**

**RAPID RELEASE
LIQUID SOFTGEL**

30 softgels

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel two times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	1 g	***
Cholesterol	10 mg	3%
Total Omega-3 Fatty Acids†	600 mg	***
(from 1200 mg of fish oil) comprising of:		***
EPA (Eicosapentaenoic Acid)	318 mg	***
DHA (Docosahexaenoic Acid)	204 mg	***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Ethyl Esters

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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Nutrition Questions or Comments?
Call 1-800-433-2990
Mon.- Sat. 9 AM - 7 PM ET

For educational health tips and savings
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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