

LABRADA®

AMINO THRUST™

ESSENTIAL AMINO ACID FORMULA



No Artificial Colors

FRUIT PUNCH
NET WT 9.41 oz (267 g)
DIETARY SUPPLEMENT

SUPPORTS:

MUSCLE RECOVERY*

ENERGY*

ENDURANCE*

Supplement Facts

Serving Size: 1 scoop (~9g)

Servings Per Container: 30

	Amount Per Serving	% DV**
Calories	10	
Total Fat	0 g	0%
Total Carbohydrate	2 g	1%
Sugars	1 g	†
Vitamin C (as Ascorbic Acid)	100 mg	167%
Calcium (as Calcium Silicate)	32 mg	3%
Magnesium	4 mg	1%
Sodium	15 mg	1%
Potassium	30 mg	1%

Amino Thrust Amino Matrix

Micronized L-Leucine	500 mg	†
Micronized L-Isoleucine	250 mg	†
Micronized L-Valine	250 mg	†
Micronized Taurine	500 mg	†

	Amount Per Serving	% DV**
Micronized L-Glutamine	500 mg	†
Micronized L-Arginine Hydrochloride	500 mg	†
Beta-Alanine (CarnoSyn®)	500 mg	†
Micronized L-Tyrosine	250 mg	†
Micronized L-Histidine	250 mg	†
Micronized L-Lysine	250 mg	†
Micronized L-Phenylalanine	250 mg	†
Micronized L-Threonine	250 mg	†
Micronized L-Methionine	250 mg	†

Amino Thrust Energy Matrix

Caffeine (from Green Tea)	100 mg	†
Green Tea Extract (Camellia sinensis) (leaf)	20 mg	
Green Coffee Extract (bean)	20 mg	

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Values not established.

Other Ingredients: Coconut Water Concentrate, Natural & Artificial Flavors, Citric Acid, Malic Acid, Coconut Oil Creamer, Sucralose, Beet Root Powder, Silicon Dioxide.

Allergen Information: Contains Soy (Lecithin), Tree Nuts.

Phenylketonurics: Contains Phenylalanine.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: For Pre-Workout: Take 1-2 scoops in 10 oz of cold water, 30 minutes before training. Amino Thrust can also be used in the morning, as a substitute for coffee, or as an afternoon energy booster*, or post-workout amino acid supplement. DO NOT EXCEED 4 scoops per day.

Developed by and Manufactured for:

LABRADA NUTRITION®

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CarnoSyn®
Carnosine Synthetase

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Warning: Keep Out of Reach of Children. Not intended for persons under the age of 18. Consult your physician before taking this product. Do not use if you are allergic to any ingredient in this product. This product contains caffeine and may cause nervousness, light headedness, irritability, sleeplessness and rapid heartbeat. Stop use of this product and seek medical help if you experience any of these symptoms. Do not use any food or drinks that contain caffeine or alcohol while using this product. This product contains ingredients that may be banned by some athletic or government organizations, including military.



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