

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Magnesium mediates proper muscle function (including the heart) and is essential for cellular production of protein & ATP.* Our Magnesium is tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

◆ LN41051.A02 BLK8056A



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PREMIUM



QUALITY

Magnesium Complex



**CITRATE
BLEND**

100 Capsules / Certified Potency

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily, preferably with food. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules / Servings Per Container 50

Amount Per Serving		% DV
Magnesium (as citrate/oxide)	500 mg	125%

Daily Value (DV).

Other ingredients: cellulose, gelatin (capsule), magnesium stearate, silica

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Questions? 1-800-9NATURE / naturesway.com