

Doctor's Best Stabilized R-Lipoic Acid contains BioEnhanced® Na-RALA, the sodium salt of R-Lipoic acid (RLA). Unlike pure RLA, BioEnhanced® Na-RALA is a stabilized form of RLA that won't degrade at high temperatures, is more bioavailable than regular RLA and has no solvent residues.*

Lipoic acid (LA) plays an important role in glucose metabolism and energy production. LA, when manufactured, occurs in two molecular forms, designated "R" and "S." The "S" form does not occur naturally in living systems and studies clearly indicate that the "R" form, RLA, is more biologically active than the "S" form. This formula includes the vitamin biotin to further support lipoic acid's metabolic benefits.*

Essential for energy generation by mitochondria*

Helps promote the body's antioxidant defenses*

Helps maintain healthy blood sugar levels already within the normal range*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
San Clemente, CA 92673

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**Doctor's
BEST**

**Science-Based
Nutrition™**

**Stabilized
R-Lipoic Acid**
with **BioEnhanced®
Na-RALA**

**HELPS PROMOTE HEALTHY
CARBOHYDRATE MANAGEMENT***

Vegan

**Dietary
Supplement**

100 mg / 60 Veggie Caps



Supplement Facts

Serving Size 1 capsule

Servings per container 60 servings

	Amount per serving	% Daily Value
D-Biotin	150 mcg	50%
R-Lipoic acid (from BioEnhanced® Na-RALA)	100 mg	†

† Daily Value not established.

Other Ingredients: Modified cellulose (vegetarian capsule), rice powder, microcrystalline cellulose, magnesium stearate (vegetable source), silicon dioxide.

Suggested Adult Use: Take 1 capsule once or twice daily, preferably between meals or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Vegan

Store in a cool dry place.

BioEnhanced® Na-RALA is a registered trademark of GeroNova Research, Inc.



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