

WEEKS TWO & THREE: DETOX

8 9 10 11 12 13 14

15 16 17 18 19 20 21

Supplement Facts		
Serving Size 1 AM and 1 PM pack • Each AM pack Contains: 2 tablets and 3 capsules		
Each PM pack contains 3 capsules and 1 tablet		
Servings Per Container 7		
Amount Per Serving	%DV	
Niacin.....	6.7 mg	34%
Calcium (from Calcium Krebs†).....	150 mg	15%
Iodine (from Potassium Iodide).....	50 mcg	33%
Magnesium (from Magnesium Krebs†).....	63 mg	16%
Zinc (from Zinc Krebs†).....	6 mg	60%
Selenium (from Selenium Krebs†).....	67 mcg	96%
Copper (from Copper Krebs†).....	0.4 mg	21%
Manganese (from Manganese Krebs†).....	10 mg	500%
Chromium GTF.....	100 mcg	80%
Molybdenum (from Molybdenum Krebs†).....	17 mcg	22%
Potassium (from Potassium Krebs†).....	33 mg	1%
N-Acetyl-L-Cysteine.....	500 mg	*
Taurine.....	500 mg	*
Choline (from Choline Bitartrate).....	470 mg	*
Wasabia japonica.....	200 mg	*
(rhizome) (Providing 300 mcg of isothiocyanates as Allyl ITC, 3-butenyl ITC, and 4-pentenyl ITC)		
Broccoli powder.....	200 mg	*
(sprout) (BroccoPhane™) (Standardized to 800 mcg of sulforaphane)		
Milk Thistle Herbal Extract (seed) (Silybum marianum [L.] Gaertn.) Standardized to provide 200 mg of silymarin	250 mg	*
Milk Thistle (seed).....	100 mg	*
(non-standardized)		
Inositol.....	100 mg	*
Lecithin Granulars (from soy).....	50 mg	*
Betaine (from Betaine HCl).....	38 mg	*
Dandelion (leaf) Taraxacum officinalis.....	33.3 mg	*
Turmeric (rhizome) Curcuma longa.....	33.3 mg	*
Milk Thistle (seed) Silybum marianum.....	33.3 mg	*
Globe Artichoke (leaf) Cynara scolymus.....	33.3 mg	*
L-Methionine.....	510 mg	*
Silicon.....	0.7 mg	*
Vanadium (from Vanadium Krebs†).....	25 mcg	*
Boron (from Boron Citrate).....	33 mcg	*
Free Form Amino Acids.....	600 mg	*
Proprietary Blend.....		*
L-Arginine, L-Ornithine, L-Glutamic Acid, L-Aspartic Acid, L-Lysine, Glycine, L-Leucine, L-Valine, L-Threonine, L-Methionine, L-Alanine, L-Serine, L-Tyrosine, L-Cysteine, L-Isoleucine, L-Proline, L-Histidine, L-Phenylalanine.....		*

*Daily Value not established.

Other ingredients: Cellulose, gelatin (capsule) vegetable stearate and silica.
†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex
Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Other ingredients: Gelatin (capsule), cellulose, vegetable stearate, silica, stearic acid and rose hips.

WEEK FOUR: REPAIR

22 23 24 25 26 27 28

Supplement Facts		
Serving Size 2 Packs • Each Pack Contains: 2 tablets, 1 softgel and 2 capsules		
Servings Per Container 7		
Amount Per Serving	%DV	
Calories.....	16	*
Calories from Fat.....	16	*
Total Fat.....	1.8 g	3%
Vitamin A.....	7,500 IU	150%
(33% as Vitamin A Palmitate [2,500 IU]/ 67% [5,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids††		
Vitamin C.....	700 mg	1,167%
(as Ascorbic Acid/Ascorbyl Palmitate/ Calcium and Magnesium Ascorbate complex)		
Pantothenic Acid.....	500 IU	125%
(Vitamin B-5, as d-calcium pantothenate)		
Selenium.....	100 mcg	143%
(as Selenomethionine)		
Wasabia japonica.....	400 mg	*
(rhizome) (Providing 600 mcg of isothiocyanates as Allyl ITC, 3-butenyl ITC, and 4-pentenyl ITC)		
Broccoli powder.....	400 mg	*
(sprout) (BroccoPhane™) (Standardized to 1,600 mcg of sulforaphane)		
N-Acetyl-L-Cysteine.....	1,000 mg	*
Dietary Sulfur.....	500 mg	*
Choline (from Choline Bitartrate).....	470 mg	*
Garlic (bulb) (Pure Gar®).....	250 mg	*
Alpha-Lipoic Acid.....	100 mg	*
Bioflavonoid Complex.....	100 mg	*
Inositol.....	100 mg	*
Parsley (leaf).....	100 mg	*
L-Glutathione.....	50 mg	*
Lecithin Granulars (from soy).....	50 mg	*
Intrinsic Factor (from porcine).....	20 mg	*
Betaine (from Betaine HCl).....	38 mg	*
Dandelion (leaf) Taraxacum officinalis.....	33.3 mg	*
Turmeric (rhizome) Curcuma longa.....	33.3 mg	*
Milk Thistle (seed) Silybum marianum.....	33.3 mg	*
Globe Artichoke (leaf) Cynara scolymus.....	33.3 mg	*
L-Methionine.....	10 mg	*

*Daily Value Not Established.

Other ingredients: Cellulose, ultra refined fish oil concentrate (from sardine, anchovy and mackerel), gelatin, vegetable stearate, silica, glycerin, water, rosemary extract, ascorbyl palmitate, mixed tocopherols, ethylcellulose, coconut oil, ammonium hydroxide, sodium alginate and stearic acid.
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Metabolic Rejuvenation

Prepare Detox Repair A 28 Day Program

A Dietary Supplement



4 Bottles

WEEK ONE: PREPARATION

1 2 3 4 5 6 7

Supplement Facts		
Serving Size 2 packs • Each Pack contains 4 capsules		
Servings Per Container 7		
Amount Per Serving	%DV	
Total Carbohydrate.....	2 g	<1%
Dietary Fiber.....	2 g	8%
Vitamin C.....	60 mg	100%
Magnesium.....	336 mg	84%
(from Magnesium Citrate)		
Proprietary Blend.....	2,740 mg	*
Psyllium Seed Husks (milled), Citrus Pectin, Acidophilus (dairy free, freeze-dried), Bifidus (dairy free, freeze-dried), Artichoke (leaf), Cellulose, Bentonite Powder, Magnesium Citrate, Psyllium Powder, Barley (leaf), Chlorella, Garlic (bulb) (deodorized, Pure-Gar®), Lactobacillus Acidophilus (minimum of 10 billion C.F.U./gram), Bromelain, Celery Powder (seed), Aloe Vera Powder (leaf), Prune Concentrate (fruit), Mint (leaf), Flax Powder (seed) and Anise (seed).		
*Daily Value not established		
Other ingredients: Gelatin (capsule), cellulose and vegetable stearate.		

Manufactured in the USA by:

Douglas Laboratories

600 Boyce Road

Pittsburgh, PA 15205 USA

www.douglaslabs.com

1.800.245.4440

Suggested Usage: As a dietary supplement, adults take as directed on each individual bottle or as directed by your healthcare professional.

Week 1 - take 2 packs daily

Week 2 and 3 - take 1 AM and 1 PM pack daily

Week 4 - take 2 packs daily

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (38-65% relative humidity)
Tamper resistant package, do not use if outer seal is missing.

Component #BX-28DAYDETOX
Formula #65901-56X

