Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Mix one (1) scoop in approximately 4 to 8 ounces of water, milk or juice (to taste) daily, or as recommended by a healthcare practitioner. This product mixes best in room temperature liquid. This product contains whey protein isolate from cows not treated with growth hormone (rBST). The whey protein isolate is made using a process known as Cross Flow Microfiltration, which produces an isolate that is 90% protein, 98% of it in the bioavailable undenatured form, and retains all important subfractions in their natural ratios.

Store tightly closed in a cool, dry place.

WARNINGS

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Provon® is a registered trademark of Glanbia Nutritionals, Inc.



Typical Amino Acid Profile (Approximate g per serving)

Alanine	1.01g
Arginine	0.35g
Aspartic Acid	1.96g
Cysteine	0.41g
Glutamic Acid	2.68g
Glycine	0.33g
Histidine	0.21g
Isoleucine	1.17g
Leucine	1.75g
Lysine	1.52g
Methionine	0.35g
Phenylalanine	0.51g
Proline	1.09g
Serine	0.82g
Threonine	1.32g
Tryptophan	0.16g
Tyrosine	0.43g
Valine	1.05g

*Density may fluctuate but the

LifeExtension°

Whey Protein Isolate

Natural Vanilla Flavor



From Cows Not Treated with Growth Hormone (rBST)

Dietary Supplement Net Wt. 454 g (1 lb. or 16 oz.)

Supplement Facts

Serving Size 1 Scoop (approx. 20 g) Servings Per Container About 23

aily Value
0%1
0%
2%1
2%
2%
0%1
0%1
8%1
4%
4%

Ingredients: Provon® 292 rBST Free whey protein isolate, natural vanilla flavor, soy lecithin, maltodextrin, modified food starch, stevia extract.

Contains milk and soybeans.

Manufactured for:

Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Ft. 33309