



Supplement Facts

Serving size 1 tablet
Servings per container 90

Amount per tablet	% Daily Value
Proprietary blend 375 mg	
Salacia oblonga (root bark, extract 10:1)	†
Mulberry (leaf, extract 20:1)	†
Gymnema (leaf, extract 25:1)	†
Cinnamon (bark)	†

† Daily Value not established.

Other ingredients: Corn starch, cellulose, stearic acid, magnesium stearate, silicon dioxide, hydroxypropyl-methylcellulose, riboflavin.

Distributed by:
4Life TM Holdings, LLC,
17470 North Pacesetter Way, Scottsdale, AZ 85255



PLS2307090957V1 Lot No./Exp.:

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Mulberry (*Morus alba*) leaves contain the substance 1-deoxyxylorhizic acid, and Salacia oblonga contains salacinol and kotonolol. All these substances are inhibitors of alpha-glucosidase, an enzyme that promotes the breakdown of carbohydrates containing alpha-glucoside links between the component sugar molecules. Ingestion of these inhibitors, which also inhibit alpha-amylase, can reduce the digestion of sugars and starches in foods so that less absorbable monosaccharides are formed, thus reducing available caloric content of some foods. Gymnema (*Gymnema sylvestre*) modulates sugar metabolism and may help reduce cravings for sweet foods by blunting sense of taste for sweetness.*

DIRECTIONS: Take one (1) tablet with 8 oz (240 mL) water 10 minutes before meals. Do not exceed a maximum of 4 tablets per day.

CAUTIONS AND WARNINGS: Use of alpha-amylase and alpha-glucosidase inhibitors can result in quantities of undigested starch and sugars passing into the large intestine, where they may be broken down by gut microflora. This can result in production of gas and occasionally abdominal discomfort. If the product is taken regularly as per instructions, these symptoms generally subside after a few days, because the gut microflora adapts.

SALE TO, OR USE BY, PERSONS UNDER THE AGE OF 18 MUST HAVE PARENTAL APPROVAL. KEEP OUT OF THE REACH OF CHILDREN!