

Supplement Facts Serving size 3 capsules Servings per container 40

Amount per 3 capsules % Daily Value

Calories 15 Calories from fat 13

Total fat 1.5 g Saturated fat 0.4 g Trans fat 0 o Polyunsaturated fat 0.7 g Monounsaturated fat 0.4 g Total carbohydrate 0.2 g Protein 0.4 a Vitamin E 9 IU

INGREDIENTS: NORTH (may contain one or more of halibut. anchovy. cod. mackerel, sardine or tuna fish

D-alpha-tocopherol.

4Life TM Holdings, LLC.

Scottsdale, AZ 85255

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DHA) present in many marine oils, are respectively members of the omega-6 and omega-3 families of essential fatty acids. Because they have already body oils), borage seed oil, undergone some degree of metabolic transformation in the species from gelatine, methacrylic acid which they are obtained, they are more efficient precursors for eicosanoids copolymers, glycerine, water, (prostaglandins) than are the parent essential fatty acids from these families, hydroxypropylmethylcellulose, linoleic acid (omega-6) and alpha-linolenic acid (omega-3). Eicosanoids are required for the optimal function of many physiological and metabolic systems in the human body. This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. 17470 North Pacesetter Way,

Product of Canada

Each serving (3 capsules) provides 375 mg of EPA plus DHA, and 50 mg of SUGGESTED USE: As a dietary supplement of omega-3 and omega-6 essential fatty acids, particularly for adults on low calorie diets, take 1 to 3

The gamma-linolenic acid (GLA) present in borage seed Coloras

officinalis), and the eicosapentaenoic and docosahexaenoic acids (EPA and

capsules up to 3 times per day, or as recommended by a physician. The capsules are intended to be swallowed whole, and designed to dissolve in the

upper part of the small intestine, thus reducing or preventing the taste of fish that sometimes occurs after use of standard essential fatty acid capsules. When used according to directions at levels of 4 or more capsules per day, this product complies with FAO and WHO recommendations for intake and

balance of omega-6 and omega-3 essential fatty acids.

Percent Daily Values are based on a 2000 calorie diet.