

OVER 40 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For over 40 years we have been making trusted products, backed by science, and made with only the purest ingredients... guaranteed. So you can get the most out of life every day.

- ✔ Great Tasting
- ✔ Easy to Take Liquid
- ✔ Calibrated Dropper Inside
- ✔ Fast Acting
- ✔ Guaranteed Quality
- ✔ Laboratory Tested



No Artificial Color, No Artificial Flavor, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free. Suitable for Vegetarians.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at
NaturesBountyRewards.com

Prod. No. 18187 B18187 01B



SUBLINGUAL
LIQUID

B-12

5000mcg

Supports:
Energy Metabolism*
Nervous System Health*

ENERGY HEALTH



59 Doses
2 fl. oz. (59 mL)

DIETARY
SUPPLEMENT

DIRECTIONS: SHAKE WELL before use. For adults, place one (1) mL daily under the tongue and hold there for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 mL
Servings Per Container 59

Amount Per Serving	%Daily Value
Vitamin B-12	5,000 mcg 83,333%
(as Cyanocobalamin)	

Other Ingredients: Purified Water, Sorbitol, Vegetable Glycerin, Natural Berry Flavor, Citric Acid, Potassium Sorbate (preservative).

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer seal is broken or missing.

★ **Made In The USA** with select ingredients from around the world

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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There is no question about it. A good diet contributes to optimal wellness, but sometimes stress, fast food meals and eating on the run can have nutritional consequences. One way to ensure that you are getting your Daily Values for B Vitamins is to take dietary supplements.

Vitamin B-12 is essential for normal formation of blood cells and contributes to the health of the nervous system.*

Vitamin B-12 is just one in our extensive line of quality nutritional supplements designed for when you need additional support.

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