



NATURE'S BOUNTY®

Prod. No. 13185

DIRECTIONS: For adults, take one (1) tablet three times daily, preferably on an empty stomach. In order to obtain maximum benefits, SAM-e should be taken at least 30 minutes prior to a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
S-adenosylmethionine (SAM-e)	400 mg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Polymethacrylate. **Contains <2% of:** Carboxymethylstarch Sodium, Mannitol, Silica, Titanium Dioxide Color, Triethyl Citrate, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if blister seal is cut, torn or open.



Made In The USA with select ingredients from around the world

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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NATURE'S BOUNTY®

OVER 40 YEARS
OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For over 40 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.

- ✓ Enteric Coated Tablets and Stomach Friendly
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

Non-GMO, No Artificial Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

“ Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at
NaturesBountyRewards.com



NATURE'S BOUNTY®

SAM-e

400mg | Good for Joint Health*

Supports Emotional Well-Being*

30 Coated Tablets

DIETARY SUPPLEMENT



NATURE'S BOUNTY®

The body makes SAM-e from the amino acid methionine. However, you may not be able to obtain sufficient methionine levels simply by ingesting food. In addition, because of age or other factors, levels of SAM-e can fluctuate or decline. Supplementation with SAM-e is the easiest way to increase intake.

This remarkable supplement can be used for:

- Emotional Well-Being*
- Joint Health*

Our enteric coating helps the breakdown of SAM-e occur in the small intestine.* In addition, the enteric coating is designed to protect SAM-e from moisture and serve as a protective barrier so that SAM-e can be absorbed where it can provide you with the greatest benefits.*