

## Essential Omega III

Fish Oil with Vitamin E

Dietary Supplement 120 Softgels

**Directions for use:** Take 2 softgels once daily with 8 fl. oz./240 mL of water or as directed by your healthcare provider. Maximum absorption occurs when taken with a meal.

**WARNING:** If you are currently using warfarin (Coumadin) or other antiplatelet aggregation or anticoagulant drugs or if you are taking other prescription medication or have an ongoing medical condition, consult your healthcare provider before using this product. Do not take this product if you are pregnant. Women who are breastfeeding or who were recently pregnant should consult their healthcare provider before using this product.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

> Manufactured for and exclusively distributed by: Market America, Inc., 1302 Pleasant Ridge Road, Greensboro, NC 27409

Lot #: Best when used by:

## **Supplement Facts**

Serving Size: 2 Softgels Servings Per Container: 60

	Amount Per Serving	% Daily Value*
Calories	30	
Calories from Fat	25	
Total Fat	3 g	5
Saturated Fat	0 g	0
Trans Fat	0 g	**
Total Carbohydrates	0.3 g	0
Sugars	0 g	**
Protein	0.5 g	1
Vitamin E (d-Alpha-Tocopherol)	23 IU	77
Fish Body Oils	3,000 mg	**
EPA (Eicosapentaenoic Omega-3 Fatty Acid)	900 mg	**
DHA (Docosahexaenoic Omega-3 Fatty Acid	l) 600 mg	**
Other Omega-3 Fatty Acids	300 mg	**
Oleic Acid (Omega-9 Fatty Acids)	180 mg	**

Other ingredients: Gelatin, glycerin, purified water and lemon oil.

Contains: Fish (sardines, anchovies)

\*\* Daily Value is not established.