

F1336B Rev: 4 12/15

Best Before:

Mega Food®

Fresh From Farm To Tablet™

Baby & Me™

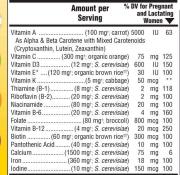
Supports the Health of Mother and Developing Child*





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Serving Size 4 Tablets Servings per Container 30



VILAITIII D 12(4 IIIg., O. COTOVISIAC)		illeg	
Biotin(60 mg [†] ; organic brown rice ^{††})	300	mcg	100
Pantothenic Acid (40 mg [†] ; S. cerevisiae)	10	mg	100
Calcium(1500 mg [†] ; S. cerevisiae)		mg	6
Iron (360 mg†; S. cerevisiae)	18	mg	100
lodine(10 mg [†] ; S. cerevisiae)	150	mcg	100
*Full spectrum of mixed tocotrienols and tocopherols			**

†Total Weight FoodState Nutrient to Deliver Daily Value

% Daily Value (DV) not established †† Includes Organic Brown Rice from Lundberg Family Farms

FoodState® Farm Fresh Fruit Blend

(natural source proanthocyanidins)

Amount per

Serving

Chromium (GTF).......(43 mg[†]; S. cerevisiae) 85 mcg

Molybdenum......(15 mg†: S. cerevisiae) 30 mcg

Potassium......(4242 mg†: S. cerevisiae) 17 mg

Boron.....(50 mg[†]; S. cerevisiae) 500 mcg

Nurturing Prenatal Blend 240 mg

Organic Red Raspberry Leaf, Organic Ginger Root, Organic

Chamomile Flower, Organic Dandelion Leaf & Root, Organic

Organic Whole Orange (natural source bioflavonoids), Organic Blueberry (natural source anthocyanins), Organic Cranberry

Magnesium (1500 mg[†]; S. cerevisiae) 75 mg 17

.. (100 mg+; S. cerevisiae)

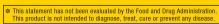
...(300 mg[†]; S. cerevisiae) 15 mg 100

..(50 mg[†]; S. cerevisiae) 500 mcg 25

.. (50 mg+; S. cerevisiae) 50 mcg

Other Ingredients: Vegetable Lubricant, Silica, Plant Cellulose,

Suggested Use: 4 tablets daily. May be taken anytime throughout the day, even on an empty stomach.



Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately,

Spinach

Lundberg Family Farms produces high-quality organic products, a Lundberg family passion that has spanned over 75 years and more than three generations. They grow their rice sustainably with farming practices that conserve water resources, build soil integrity, and support a healthier ecosystem.

% DV for Pregnant

and Lactating

Women T



& daughter. Wendell & Jessica Lundberg

They pride themselves on making great-tasting organic products that are good for you and the environment.

MegaFood cares about doing things the right way - we refuse to take shortcuts, and we never compromise on quality or the things that matter. Since 1973, we have been going out of our way to source fresh and local foods from trusted farmers such as Lundberg Family Farms. We then make our FoodState Nutrients™ and wholesome supplements using our Slo-Food Process™ to deliver the nost authentic nutrition - much more than vitamins alone.

MegaFood will donate a portion of the profit from the sale of this product to Farm Aid. To learn more visit megafood.com/lundberg.

Lundberg Family Farms Since 1937 is a registered trademark of Wehah Farm, Inc.

Made with Love by MegaFood, PO Box 325, Derry, NH 03038 To learn more, visit megafood.com or call 800.848,2542 GFoodState, Inc. 2015