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MELATONIN

NIGHTTIME SLEEP AID*

3MG

VEGETARIAN DIETARY SUPPLEMENT

240 tablets

DIRECTIONS: For adults, take one (1) tablet at bedtime as Melatonin may produce drowsiness.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Melatonin (as n-Acetyl-5-Methoxytryptamine)	3 mg **

**Daily Value not established.

Other Ingredients: Calcium Carbonate, Vegetable Cellulose. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

Melatonin may be appropriate for people experiencing occasional sleeplessness or anyone wanting to promote sound, quality sleep.*

No Artificial Color, Flavor or Sweetener,
No Preservatives, No Sugar, No Starch, No Milk,
No Lactose, No Soy, No Gluten, No Wheat,
No Yeast, No Fish. Sodium Free.

Puritan's Pride® supplements are produced from the finest raw materials under our stringent quality control standards. Our state-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 7904
www.puritan.com
1-800-645-1030

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B52973 08D

