

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Mix one (1) scoop in approximately 4 to 8 ounces of water, milk or juice (to taste) daily, or as recommended by a healthcare practitioner. This product mixes best in room temperature liquid. This product contains whey protein isolate from cows not treated with growth hormone (rBST). The whey protein isolate is made using a process known as Cross Flow Microfiltration, which produces an isolate that is 90% protein, 98% of it in the bioavailable undenatured form, and retains all important subfractions in their natural ratios.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Provon® is a registered trademark of Glanbia Nutritionals, Inc.



QE01743B

*Typical Amino Acid Profile  
(Approximate g per serving):*

|               |       |
|---------------|-------|
| Alanine       | 1.01g |
| Arginine      | 0.35g |
| Aspartic Acid | 1.96g |
| Cysteine      | 0.41g |
| Glutamic Acid | 2.68g |
| Glycine       | 0.33g |
| Histidine     | 0.21g |
| Isoleucine    | 1.17g |
| Leucine       | 1.75g |
| Lysine        | 1.52g |
| Methionine    | 0.35g |
| Phenylalanine | 0.51g |
| Proline       | 1.09g |
| Serine        | 0.82g |
| Threonine     | 1.32g |
| Tryptophan    | 0.16g |
| Tyrosine      | 0.43g |
| Valine        | 1.05g |

\*Density may fluctuate but the content weight is as stated.

# LifeExtension®

## Whey Protein Isolate

### Natural Chocolate Flavor



From Cows Not Treated with Growth Hormone (rBST)

Dietary Supplement

Net Wt. 454 g  
(1 lb. or 16 oz.)

### Supplement Facts

Serving Size 1 Scoop (approx. 20 g)  
Servings Per Container About 23

| Amount Per Serving                  | % Daily Value |
|-------------------------------------|---------------|
| <b>Calories 75</b>                  |               |
| Calories from Fat 0                 |               |
| <b>Total Fat 0 g</b>                | 0%†           |
| Saturated Fat 0 g                   | 0%†           |
| Trans Fat 0 g                       |               |
| <b>Cholesterol &lt;5 mg</b>         | 2%†           |
| <b>Sodium 40 mg</b>                 | 2%†           |
| <b>Potassium 75 mg</b>              | 2%†           |
| <b>Total Carbohydrate &lt;0.5 g</b> | 0%†           |
| Dietary Fiber 0 g                   | 0%†           |
| Sugars 0 g                          |               |
| <b>Protein 17 g</b>                 |               |
| Calcium 83 mg                       | 8%†           |
| Phosphorus 42 mg                    | 4%†           |
| Magnesium 15 mg                     | 4%†           |

†Based on a 2,000 calorie diet.

**Ingredients:** Provon® 292 rBST Free whey protein isolate, cocoa, natural vanilla flavor, soy lecithin, maltodextrin, modified food starch, stevia extract.

Contains milk and soybeans.

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, FL 33309  
info@lifeextension.com • www.lef.org  
To report a serious adverse event or obtain product information, contact  
1-866-280-2852.