

LifeExtension®

Life Extension Mix™ Tablets



State-of-the-Art Multi-Nutrient Formula

Dietary
Supplement

315 Tablets

Supplement Facts

Serving Size 9 Tablets (per day) • Servings Per Container 35

Amount Per Serving	% Daily Value
Vitamin A (as Betatene® ^{®1} natural beta-carotene from dunaliella and acetate).....	5000 IU 100%
Vitamin C (as calcium ascorbate, ascorbic acid, ascorbyl palmitate, magnesium ascorbate, niacinamide ascorbate, acerola extract)	2000 mg 3333%
Vitamin D3 (as cholecalciferol).....	2000 IU 500%
Vitamin E (as D-alpha tocopheryl succinate and D-alpha tocopherol).....	100 IU 333%
Thiamine (vitamin B1) (as thiamine HCl).....	125 mg 8333%
Riboflavin (vitamin B2) (as riboflavin and riboflavin 5'-phosphate)	50 mg 2941%
Niacin (as 53% niacinamide, 38% niacin, 9% niacinamide ascorbate)	190 mg 950%
Vitamin B6 (as pyridoxal 5'-phosphate (100 mg) and pyridoxine HCl (5 mg)).....	105 mg 5250%
Folate (from lemon extract (peel)).....	400 mcg 100%
Vitamin B12 (as methylcobalamin).....	600 mcg 1000%
Biotin	3000 mcg 1000%
Pantothenic acid (as D-calcium pantothenate with 5 mg pantothenine).....	600 mg 6000%
Calcium (as Ca ascorbate, D-calcium pantothenate, Ca D-glucarate)	218 mg 22%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide, citrate, glycinate, taurinate, arginate, ascorbate)	400 mg 100%
Zinc (as zinc citrate, OptiZinc® ^{®2} zinc monomethionine)	35 mg 233%
Selenium (as 50% Se-Methyl L-Selenocysteine, 25% L-selenomethionine (yeast free)	200 mcg 286%
(SelenoPure™ ^{™3} , 25% sodium selenite)	
Copper (as TRAAACS® ^{®4} copper bisglycinate chelate).....	1 mg 50%
Taurine.....	1 mg 50%
Chromium [as Crominex® ^{®5} 3+ chromium stabilized with Capros® ^{®6} amla extract (fruit) and PrimaVie® ^{®7} Shilajit]	500 mcg 417%
Molybdenum (as sodium molybdate).....	125 mcg 167%
Potassium (as potassium chloride).....	37.4 mg 1%

N-Acetyl-L-cysteine (NAC).....	200 mg **
Taurine.....	200 mg **
Inositol	250 mg **
Phosphatidylcholine (from soy).....	150 mg **
Choline (as choline bitartrate).....	120 mg **
Boron (as Albion® ^{®8} bororganic glycine)	3 mg **
Trimethylglycine (TMG) (as betaine anhydrous)	100 mg **
Citrus bioflavonoid complex bitter orange (peel and fruit) [std. to 50% hesperidin (100mg)].....	200 mg **
Broccoli concentrate blend [broccoli extracts (plant and sprout), calcium D-glucarate (providing glucosinolates, sulforaphane, D-3T, PETC)]	725 mg **
Decaffeinated green tea extract (leaf) [standardized to 45% epigallocatechin gallate (EGCG) (146.25 mg)]	325 mg **
Acerola extract 4:1 (berry).....	300 mg **
Fruit/berry complex (proprietary blend of blackberry, blueberry, cherry, cranberry, elderberry, persimmon, prune powders)	200 mg **
Wild blueberry anthocyanin extract (fruit).....	150 mg **
Milk thistle extract (seeds) [std. to 85% silymarin (85 mg)].....	100 mg **
Maqui berry (<i>Aristotelia chilensis</i>) anthocyanin extract (fruit).....	100 mg **
CherryPure® ^{®9} tart cherry (<i>Prunus cerasus</i>) proanthocyanidin extract (skin).....	85 mg **
POMELELLA® ^{®10} pomegranate extract (fruit) [std. to 30% punicalagins (25.5 mg)].....	85 mg **
Natural mixed tocopherols (providing gamma, delta, alpha, beta tocopherols).....	60 mg **
MirtoSelect® ^{®11} bilberry extract (fruit).....	30 mg **
Leucoselect® ^{®12} grape seed proanthocyanidin extract.....	25 mg **
BioVin® ^{®13} grape proanthocyanidin extract (whole grapes).....	25 mg **
Bromelain (from pineapple) (stem) (2400 gelatin digestive units/gram).....	15 mg **
Delphinidins [from Delphinol® ^{®14} maqui berry (<i>Aristotelia chilensis</i>) extract].....	2 mg **
Lutein [from marigold extract (flower)] (providing 465 mcg <i>trans</i> -zeaxanthin).....	15 mg **
Olive juice extract (fruit).....	12.5 mg **
(providing polyphenols, hydroxytyrosol, tyrosol and oleuropein)	
Sesame seed lignan extract	10 mg **
Luteolin [from orange extract (fruit)]	8 mg **
Lycopene [from Tomat-O-Red® ^{®15} natural tomato extract (fruit)].....	3 mg **
Cyanidin-3-glucoside (C3G) [from black currant extract (fruit)].....	1.25 mg **
<i>trans</i> -Pterostilbene (from pTeroPure® ^{®16}).....	0.5 mg **
NIAGEN™ ^{™17} Nicotinamide Riboside	2 mg **

**Daily Value not established.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.
- WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Store tightly closed in a cool, dry place.

Other ingredients: dicalcium phosphate, microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, stearic acid, silica, vegetable stearate, pharmaceutical glaze, medium chain triglycerides, maltoedextrin.
Contains fish (tilapia) and soybeans.

Manufactured for:
Quality Supplements and Vitamins, Inc.

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To report a serious adverse event or obtain product information,
contact 1-866-280-2852.

