

LifeExtension®

Life Extension Mix™ Capsules



State-of-the-Art
Multi-Nutrient Formula

Dietary
Supplement

490 Capsules

QE01954LCA

Supplement Facts

Serving Size 14 Capsules (per day) • Servings Per Container 35

Amount Per Serving

| | % Daily Value |
|--|-------------------|
| Vitamin A (as Betatene®) natural beta-carotene from duralinella and acetate) | 500 IU.....100% |
| Vitamin C (as calcium ascorbate, ascorbic acid, ascorbyl palmitate, magnesium ascorbate, niacinamide ascorbate, acerola extract) | 2000 mg.....3333% |
| Vitamin D3 (cholecalciferol) | 200 IU.....500% |
| Vitamin E (as D-alpha tocopherol succinate and D-alpha tocopherol) | 100 IU.....333% |
| Thiamine (vitamin B1) (as thiamine HCl) | 125 mg.....8333% |
| Riboflavin (vitamin B2) (as riboflavin and riboflavin 5'-phosphate) | 50 mg.....2941% |
| Niacin (as 53% niacinamide, 38% niacin, 9% niacinamide ascorbate) | 190 mg.....950% |
| Vitamin B6 (as pyridoxal 5'-phosphate (100 mg) and pyridoxine HCl (5 mg)) | 105 mg.....5250% |
| Folate (from lemon extract peel) | 40 mcg.....100% |
| Vitamin B12 (as methylcobalamin) | 600 mcg.....100% |
| Biotin | 3000 mcg.....100% |
| Pantothenic acid (as D-calcium pantothenate with 5 mg pantethine) | 600 mg.....22% |
| Calcium (as Ca ascorbate, D-calcium pantothenate, Ca-D-gluconate) | 218 mg.....100% |
| Iodine (as potassium iodide) | 150 mcg.....100% |
| Zinc (as zinc citrate, OptiZinc® zinc monomethionine) | 35 mg.....233% |
| Selenium (as 50% Se-Methyl L-Selenocysteine, 25% L-selenomethionine (yeast free)) | 200 mcg.....286% |
| Copper (as TRAACS® copper bisglycinate chelate) | 1 mg.....50% |
| Manganese (as manganese gluconate) | 1 mg.....50% |
| Chromium (as Crominex® 3+ chromium stabilized with Capros® amine extract) and Primavite® Shilajit | 500 mcg.....417% |
| Molybdenum (as sodium molybdate) | 125 mcg.....167% |
| Potassium (as potassium chloride) | 374 mg.....1% |
| N-Acetyl-L-cysteine (NAC) | 200 mg.....** |
| Taurine | 250 mg.....** |
| Inositol | 150 mg.....** |
| Phosphatidylcholine (from soy) | 120 mg.....** |
| Choline (as choline bitartrate) | 3 mg.....** |
| Timethylglycine (TMG) (as betaine anhydrous) | 100 mg.....** |
| Citrus bioflavonol complex (bitter orange (peel and fruit) (std. to 50% hesperidin (100 mg)) | 200 mg.....** |
| Broccoli concentrate blend (Broccoli extracts (plant and sprout)) | 725 mg.....** |
| calcium D-gluconate (providing glucosinolates, sulforaphane, D-3T, PEITC) | 325 mg.....** |
| Decaffeinated green tea extract (leaf) (standardized to 45% epigallocatechin gallate (EGCG) (146.25 mg)) | 30 mg.....** |
| Acetola extract 4:1 (berry) | 300 mg.....** |
| Fruitberry complex (proprietary blend of blackberry, blueberry, cherry, cranberry, elderberry, pomegranate, prune powders) | 200 mg.....** |
| Wild blueberry anthocyanin extract (fruit) | 150 mg.....** |
| Milk thistle extract (seeds) (std. to 85% silymarin (65 mg)) | 100 mg.....** |
| Maui berry (<i>Antidesma chilensis</i>) anthocyanin extract (fruit) | 65 mg.....** |
| CherryPure® tart cherry (<i>Prunus cerasus</i>) proanthocyanidin extract (skin) | 65 mg.....** |
| POMELLA® pomegranate extract (fruit) (std. to 30% punicalagins 25 mg) | 65 mg.....** |
| Natural mixed tocopherols (providing gamma, delta, alpha, beta tocopherols) | 60 mg.....** |
| MirtoSelect® bilberry extract (fruit) | 30 mg.....** |
| Leucoside® grape seed proanthocyanidin extract | 25 mg.....** |
| Biolink® grape proanthocyanidin extract (whole grapes) | 25 mg.....** |
| Bromelain from Dophilin® maqui berry (<i>Aristotelia chilensis</i>) extract (stem) (2400 gelatin digestive units/gm) | 15 mg.....** |
| Delphinidin from mangold extract (flower) (providing 465 mcg trans-zeaxanthin) | 2 mg.....** |
| Olive juice extract (fruit) (providing polyphenols, hydrolyzed soy, tyrosol and oleuropein) | 15 mg.....** |
| Sesame seed lignan extract | 125 mg.....** |
| Lutein from orange extract (fruit) | 10 mg.....** |
| CherryPure® from Tomat-O-Red® tomato extract (fruit) | 8 mg.....** |
| Cyanidin-3-glucoside (C3G) from black currant extract (fruit) | 3 mg.....** |
| trans-Resveratrol (from pteropure™) | 125 mg.....** |
| NIAGEN® Niacinamide Riboside | 0.5 mg.....** |
| **Daily Value not established. | 2 mg.....** |

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Other ingredients: gelatin, microcrystalline cellulose, silica, vegetable stearate, medium chain triglycerides, maltodextrin.
Contains fish (tilapia) and soybeans.

Manufactured for:
Quality Supplements and Vitamins, Inc.
 Ft. Lauderdale, FL 33309
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To report a serious adverse event or obtain product information,
contact 1-866-280-2852.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Store tightly closed in a cool, dry place.



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