Scan for product info

Read the entire label and follow directions carefully prior to use.

DIRECTIONS: Take one (1) capsule twice daily on an empty stomach, or as recommended by a healthcare practitioner.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
 DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
 When using nutritional supplements, please consult
- when using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LifeExtension

Optimized Ashwagandha



Enhances Mental Energy and Concentration*

Dietary Supplement



60 Vegetarian

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving

% Daily Value

Sensoril® Ashwagandha (Withania 125 mg somnifera) Extract (root and leaves) [std. to 8% withanolide glycoside conjugates (10 mg) and 32% oligosaccharides (40 mg)]

(10 mg) and only ongoodsom

**Daily Value not established.

Other ingredients: rice flour, vegetable cellulose (capsule), vegetable stearate, silica.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309
info@lifeextension.com • www.lef.org
To report a serious adverse event or obtain product information,

contact 1-866-280-2852.

Store tightly closed in a cool, dry place.

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