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Keep Out of the Reach of Children
Store away from heat & light

Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.

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SUGGESTED USE

SHAKE WELL BEFORE USING

OAT SEED

NERVOUS SYSTEM

Restore & Tone*

HERB  PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



Oat Seed Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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Oat "milky" seed (<i>Avena sativa</i>) ①② extract 647 mg ③	†
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† Daily Value (DV) not established

Other Ingredients: certified organic cane
alcohol (48-58%) & distilled water. **Non-GMO
& Gluten-Free**

- ① Certified Organic ② Fresh (undried)
③ Extraction rate 350 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1 : 2

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com
Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.