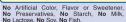
Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. Your health & safety are our first priority!



WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use product if pull ring under cap is damaged or broken.



1-800-228-4533

Carefully Manufactured by Vitamin World, Inc. Bonkonkoma, NY 11779 U.S.A.

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Debittered

Brewer's Yeast Powder **Natural Source of**

B Vitamins

Vegetarian Dietary Supplement (16 oz.) 454 g four times daily. Mix in milk, fruit juice, soups or chopped meat casseroles and many other dishes

Supplement Facts

Amount Per Serving	%Daily Value	
Calories	60	
Calories from Fat	10	
Total Fat	1 g	1561
Total Carbohydrate	6 g	2%
Dietary Fiber	3 g	12%
Sugars	2 g	
Protein	7 g	14%
Thiamin	0.5 mg	34%
Riboflavin (Vitamin B-2)	0.4 mg	28%
Niacin	4.8 mg	24%
Vitamin B-6 (as Pyridoxine Hydrochloride)	0.4 mg	20%
Folic Acid	261 mcg	65%
Vitamin B-12	0.03 mcg	1%
Biotin	5.8 mcg	2%
Pantothenic Acid (as d-Calcium Pantothenate)	0.8 mg	8%
Calcium	13 mg	1%
Iron	1.3 mg	8%
Phosphorus	151 mg	15%
Magnesium	16 mg	4%
Zinc	1.5 mg	10%
Copper	0.03 mg	2%
Chromium	1.8 mcg	2%
Sodium	10 mg	<1%
Potassium	260 mg	7%

Contains a wheat ingredient.