

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

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WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **2200**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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VITAMIN WORLD
get healthy.

Gotu Kola



250 MG

*Traditional Goodness
from Mother Nature*

NATURAL WHOLE HERB ♦
Vegetarian Herbal Supplement

100
*Easy to Swallow
Coated Caplets*

DIRECTIONS: For adults, take one (1) to four (4) caplets daily, preferably with meals.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value
Gotu Kola	250 mg *
<i>(Centella asiatica) (aerial)</i>	

*Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Calcium Silicate, Silica, Vegetable Magnesium Stearate.

♦ **Vitamin World's** Natural Whole Herb products utilize ground plant parts to provide the natural components in the amounts found in nature.

Gotu Kola contains Saponins - highly complex phytochemicals that play a role in wellness. Often referred to as, "food for the brain," Gotu Kola is a popular herb used in Ayurveda practices.