

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Vitamin C (as Ascorbic Acid)	60 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	8 mcg	133%
Iron (as Ferrous Bis-Glycinate)	28 mg	156%

Other Ingredients: Vegetable Cellulose, Gelatin. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Sundown
Naturals®

Gentle Iron (Iron Glycinate)

28 MG

with Vitamin C,
Folic Acid & B-12

90 CAPSULES

DIETARY SUPPLEMENT

Smart
Facts

Iron is a necessary component of hemoglobin, the oxygen carrier in the blood, and is also important for energy utilization.* Gentle Iron with Folic Acid contains Iron Bis-Glycinate, a well-tolerated form of Iron that is gentle to your system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHHELP (848-2435) or visit us at www.sundownnaturals.com

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Boca Raton, FL 33487 USA

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