

Expiration Date:

CalMax® is a natural mineral beverage powder with a 2:1 ratio of calcium to magnesium. CalMax blends calcium, magnesium and vitamin C into one formula. Its unique fizzing action ensures that it dissolves within minutes.

CalMax is a 100% natural powder that easily mixes with water or herbal tea to help you get the calcium and magnesium your body needs. CalMax does not contain preservatives, artificial flavors or colors.*

Taking a high quality supplement such as CalMax is important to maintain strong, healthy bones.*

Consider taking CalMax before bedtime. Studies suggest the ingredients in CalMax may help relieve tension and soreness, and aid in a more relaxed night of sleep.*

Directions: CalMax is made into a liquid by mixing it with boiling water.

(1) Shake can before each use. (2) Put two teaspoons of powder into a cup. (3) Fill 1/2 of cup with boiling water. CalMax will begin to fizz. (4) Stir until water is clear. (5) Fill the rest of the cup with fruit juice, cold water, or add an herbal tea bag.

Suggested use: 1-3 servings per day. Keep container closed tightly in a cool, dry place, out of children's reach.

Lot #:

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.drnewtons.com

DR. NEWTON'S
NATURALS

CalMax
Original

A fast-absorbing Calcium and
Magnesium beverage powder
made with Vitamin C

LEMON FLAVOR



Dietary Supplement • Net wt. 5 oz. (142g)

Contents may settle.

Supplement Facts

Serving Size 7 grams (approx. 2 teaspoons)
Servings Per Container 20

Amount Per Serving	% Daily Value
Calories	
Total Fat 0g	0%
Sodium 0 mg	0%
Total Carbohydrate 0g	0%
Sugars 0g	0%
Protein 0g	0%
Vitamin C	500 mg 830%
(as ascorbic acid, calcium ascorbate, magnesium ascorbate)	
Calcium	400 mg 40%
(as calcium gluconate, calcium ascorbate)	
Magnesium	200 mg 50%
(as magnesium carbonate, magnesium ascorbate)	

* Daily Value not established

Other ingredients: Citric acid and unsweetened lemon juice powder. **Allergen Information:** This product does not contain tree nuts, shellfish or gluten.

CalMax® is a trademark owned by Dr. Newton's Naturals.



For re-orders call 800-280-5590

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