

LifeExtension®

Life Extension Mix™ Capsules



State-of-the-Art
Multi-Nutrient Formula

Dietary
Supplement

490 Capsules

QE01854LCB

Supplement Facts

Serving Size 14 Capsules (per day) • Servings Per Container 35

Amount Per Serving

	% Daily Value
Vitamin A (as Beta-carotene from duralinella and acetate)	5000 IU.....100%
Vitamin C (as calcium ascorbate, ascorbic acid, ascorbyl palmitate, magnesium ascorbate, racemamide ascorbate, acerola extract)	2000 mg.....3333%
Vitamin D3 (cholecalciferol)	2000 IU.....500%
Vitamin E (as D-alpha tocopherol succinate and D-alpha tocopherol)	100 IU.....333%
Thiamine (vitamin B1) (as thiamine HCl)	125 mg.....8333%
Riboflavin (vitamin B2) (as riboflavin and riboflavin 5'-phosphate)	50 mg.....2941%
Niacin (as 53% niacinamide, 38% niacin, 9% niacamide ascorbate)	190 mg.....950%
Vitamin B6 (as pyridoxal 5'-phosphate (100 mg) and pyridoxine HCl (5 mg))	105 mg.....5250%
Folate (from lemon extract peel)	400 mcg.....100%
Vitamin B12 (as methylcobalamin)	600 mcg.....100%
Biotin	3000 mcg.....100%
Pantothenic acid (as D-calcium pantothenate with 5 mg pantethine)	600 mg.....22%
Calcium (as Ca ascorbate, D-calcium pantothenate, Ca D-gluconate)	218 mg.....100%
Iodine (as potassium iodide)	150 mcg.....100%
Zinc (as zinc citrate, OptiZinc® zinc monomethionine)	35 mg.....233%
Selenium (as 50% Se-Methyl L-Selenoysteine, 25% L-selenomethionine (yeast free))	200 mcg.....286%
Manganese (as manganese gluconate)	1 mg.....50%
Chromium (as Crominex® 3+ chromium stabilized with Capros® amine extract) and PrimaVie® Shilajit	1 mg.....50%
Molybdenum (as sodium molybdate)	500 mcg.....417%
Potassium (as potassium chloride)	125 mcg.....167%
N-Acetyl-L-cysteine (NAC)	200 mg.....1%
Taurine	200 mg.....1%
Inositol	250 mg.....1%
Phosphatidylcholine (from soy)	150 mg.....1%
Choline (as choline bitartrate)	120 mg.....1%
Timethylglycine (TMG) (as betaine anhydrous)	3 mg.....1%
Citrus bioflavonol complex blend (Brucocit extracts (plant and sprout) (std. to 50% hesperidin (100 mg))	100 mg.....1%
Broccoli concentrate blend (Broccoli extracts (plant and sprout), calcium D-gluconate (providing glucosinolates, sulforaphane, D-3T, PEITC))	200 mg.....1%
Decaffeinated green tea extract (leaf) (standardized to 45% epigallocatechin gallate (EGCG) (146.25 mg))	725 mg.....1%
Acetona extract 4:1 (berry)	325 mg.....1%
Acetona extract 4:1 (berry)	300 mg.....1%
Fruitberry complex proprietary blend of blackberry, blueberry, cherry, cranberry, elderberry, pomegranate, prune powders	200 mg.....1%
Wild blueberry anthocyanin extract (fruit)	150 mg.....1%
Milk thistle extract (seeds) (std. to 85% silymarin (65 mg))	100 mg.....1%
Maui berry (<i>Antidesma chilensis</i>) anthocyanin extract (fruit)	65 mg.....1%
CherryPure® pomegranate extract (fruit) (std. to 30% punicalagins 25 mg)	65 mg.....1%
Natural mixed tocopherols (providing gamma, delta, alpha, beta tocopherols)	60 mg.....1%
MirtoSelect® bilberry extract (fruit)	30 mg.....1%
Leucoselect® grape seed proanthocyanidin extract	25 mg.....1%
Biolink® grape proanthocyanidin extract (whole grapes)	25 mg.....1%
Bromelain from pineapple (stem) (2400 gelatin digestive units/gm)	15 mg.....1%
Delphinium from Delphinium® mequi berry (<i>Aristolochia chilensis</i>) extract	2 mg.....1%
Lutein (from mangold extract (flower) (providing 465 mcg trans-zeaxanthin))	15 mg.....1%
Olive juice extract (fruit)	125 mg.....1%
Sesame seed lignan extract	10 mg.....1%
Lutein from orange extract (fruit)	8 mg.....1%
Lycopene from lycopene (from tomato extract (fruit))	3 mg.....1%
Cyanidin-3-glucoside (C3G) (from black currant extract (fruit))	125 mg.....1%
trans-Resveratrol (from pteropure™)	.05 mg.....1%

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Store tightly closed in a cool, dry place.



These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Other ingredients: gelatin, microcrystalline cellulose, silica, vegetable stearate, maltodextrin.
Contains fish (tilapia) and soybeans.

Manufactured for:
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To report a serious adverse event or obtain product information,
contact 1-866-280-2852.