

MULTIVITAMIN



Women

Compare to Centrum® Women¹¹

Well at
Walgreens

MULTIVITAMIN

Women

FORMULA
FOR WOMEN

Calcium & vitamin D₃ help
maintain strong bones*

100
TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% DV	Amount Per Tablet	% DV
Sodium 10 mg.....	< 1%**	Iodine 150 mcg.....	100%
Total Carbohydrate 1 g.....	< 1%**	Magnesium 100 mg.....	25%
Vitamin A 3500 IU.....	70%	Zinc 8 mg.....	53%
(29% as beta-carotene)		Selenium 55 mcg.....	79%
Vitamin C 75 mg.....	125%	Copper 0.9 mg.....	45%
Vitamin D ₃ 800 IU.....	200%	Manganese 1.8 mg.....	90%
Vitamin E 35 IU.....	117%	Chromium 25 mcg.....	21%
Vitamin K 50 mcg.....	63%	Molybdenum 50 mcg.....	67%
Thiamin 1.1 mg.....	73%	Chloride 72 mg.....	2%
Riboflavin 1.1 mg.....	65%	Potassium 80 mg.....	2%
Niacin 14 mg.....	70%		
Vitamin B ₆ 2 mg.....	100%	Boron 150 mcg.....	***
Folate 400 mcg.....	100%	Nickel 5 mcg.....	***
Vitamin B ₁₂ 6 mcg.....	100%	Silicon 2 mg.....	***
Biotin 40 mcg.....	13%	Tin 10 mcg.....	***
Pantothenic Acid 15 mg.....	150%	Vanadium 10 mcg.....	***
Calcium 500 mg.....	50%		
Iron 18 mg.....	100%		
Phosphorus 20 mg.....	2%		

** Percent Daily Values are based on a 2,000 calorie diet.

*** Daily Value (DV) not established.

Adults: One tablet daily with food as a dietary supplement.