### Scan for product info

## Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) heaping tablespoon daily, or as recommended by a healthcare practitioner. Can be sprinkled on cereal or mixed in juices, soups, or salad dressings.

## **WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- . Do not purchase if outer seal is broken or damaged. . When using nutritional supplements, please consult

with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## **ifeFxtension**\*

# Lecithin

97% Phosphatides De-Oiled



**Promotes Healthy** Cell Structure\*

Dietary Supplement

Net Wt. 454 a (1 lb. or 16 oz.)

mount Per Serving	% Daily Value	Value
alories	20	
Calories from Fat	45	
otal Fat	5 g	\$%↓
Saturated Fat	1.5 g	\$%⁴
Trans Fat	0 9	
holesterol	0 mg	1%0
Total Carbohydrates	1 g	<1%1>
from deoiled soybean, non-GMO) Typica values: Phosphatidyletnanolamine . 2.0 g	*	