



Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% DV	Each Tablet Contains	% DV
Vitamin A 2,500 IU (40% as Beta-Carotene) +	50%	Magnesium 50 mg	13%
Vitamin C 60 mg	100%	Zinc 11 mg	73%
Vitamin D 500 IU	125%	Selenium 55 mcg	79%
Vitamin E 50 IU	167%	Copper 0.5 mg	25%
Vitamin K 30 mcg	38%	Manganese 2.3 mg	115%
Thiamin 1.5 mg	100%	Chromium 45 mcg	38%
Riboflavin 1.7 mg	100%	Molybdenum 45 mcg	60%
Niacin 20 mg	100%	Chloride 72 mg	2%
Vitamin B6 3 mg	150%	Potassium 80 mg	2%
Folic Acid 400 mcg	100%	Boron 150 mcg	*
Vitamin B12 25 mcg	417%	Nickel 5 mcg	*
Biotin 30 mcg	10%	Silicon 2 mg	*
Pantothenic Acid 10 mg	100%	Vanadium 10 mcg	*
Calcium 220 mg	22%	Lutein 250 mcg	*
Phosphorus 20 mg	2%	Lycopene 300 mcg	*
Iodine 150 mcg	100%		

*Daily Value (DV) not established.

Adults - Take one tablet daily with food. Not formulated for use in children. Do not exceed suggested use. Item Code: 165844

Ingredients

Calcium Carbonate, Potassium Chloride, Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid/Vit. C, DL-Alpha Tocopheryl Acetate/Vit. E, Gelatin, Microcrystalline Cellulose, Acacia, Croscarmellose Sodium, Stearic Acid, Niacinamide, Polyvinyl Alcohol, Calcium Silicate, Zinc Oxide, Crospovidone, Calcium Pantothenate, Titanium Dioxide Color, Polyethylene Glycol, Silicon Dioxide, Manganese Sulfate, Talc, Magnesium Stearate, Pyridoxine Hydrochloride/Vit. B6, Thiamine Mononitrate (Vit. B1), Riboflavin (Vit. B2), Sodium Borate, Cupric Sulfate, Beta-Carotene, Vitamin A Acetate - Vitamin A, FD&C Blue 2 Aluminum Lake, Folic Acid, Lycopene, Chromium Picolinate, Lutein, Potassium Iodide, Sodium Selenate, Sodium Molybdate, FD&C Red 40 Aluminum Lake, FD&C Yellow 6 Aluminum Lake, Sodium Metasilicate, Phytanadione (Vit K), Biotin, Cyanocobalamin (Vit B12), Nickel Sulfate, Sodium Metavanadate, Cholecalciferol (Vit D3)