

VALUE
SIZE

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FINEST
NUTRITION

ENERGY METABOLISM*

BIOTIN

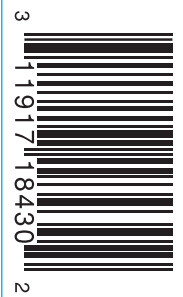
5,000 mcg PER CAPSULE

ASSISTS IN ENERGY
METABOLISM IN CELLS*

DIETARY
SUPPLEMENT

300 CAPSULES • ONE PER DAY

NO YEAST, NO WHEAT,
NO GLUTEN, NO MILK
OR MILK DERIVATIVES,
NO LACTOSE,
NO SUGAR,
NO PRESERVATIVES,
NO SOY,
NO ARTIFICIAL COLOR,
NO ARTIFICIAL FLAVOR,
NO SODIUM.



USE ONLY IF INNER SEAL IS NOT BROKEN
OR MISSING.

SUGGESTED USE: As a dietary supplement for adults,
take one (1) capsule daily with the meal of your choice.

Supplement Facts

Serving Size 1 Capsule

| Amount Per Serving | %Daily Value | |
|---|--------------|--------|
| Biotin (as d-Biotin) | 5,000 mcg | 1,667% |
| Calcium (as Dicalcium Phosphate and Calcium Carbonate) | 222 mg | 22% |

OTHER INGREDIENTS: Gelatin. **Contains <2% of:**
Silica, Magnesium Stearate.

WARNING: If you are pregnant, nursing a baby or considering
becoming pregnant, ask a doctor before using this product. If
you take a prescription medication or have any medical
condition, consult a physician before using this product.

Keep out of reach of children.
Store at room temperature, tightly closed.
**Biotin is essential for the metabolism of
carbohydrates, proteins and fats.***

*These statements have not been evaluated by
the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.

Questions or comments? 1-800-925-4733

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FRESHNESS & POTENCY GUARANTEED THROUGH: