



NOT FOR
INDIVIDUAL
RESALE.

Tamper evident; use only if seal is intact.

DISTRIBUTED BY: WHOLE FOODS MARKET
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Our 365 Everyday Value® Cleansing Fiber Blend safely absorbs and eliminates toxins with a natural fiber blend.† This fiber is specially designed to disperse fully in the colon, adhere to and eliminate toxins, and enhance the removal of waste products.†

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIETARY
SUPPLEMENT

Cleansing Fiber Blend[†]

All-Natural Fiber and Herbs

Gently Absorbs and Eliminates Toxins†



112 VEGETARIAN CAPSULES

DIRECTIONS: FOR 14 DAYS, TAKE FOUR CAPSULES IN THE MORNING AND FOUR AT NIGHT WITH EIGHT OUNCES OF WATER. ALTERNATIVELY, EIGHT CAPSULES MAY BE TAKEN AT NIGHT WITH EIGHT OUNCES OF WATER.

Supplement Facts

Serving Size 8 capsules		Servings per container 14
Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	4 g	1%*
Dietary Fiber	4 g	16%*
Proprietary Fiber Blend	3.4 g	**
psyllium (Plantago ovata) husk, oat (Avena sativa) bran, guar gum (Cyamopsis tetragonoloba) seed extract, pectin (from citrus fruit), and marshmallow (Althaea officinalis) root extract 3.5:1		

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: CELLULOSE, VEGETABLE CAPSULE (MODIFIED CELLULOSE), VEGETABLE GLYCERIN, MAGNESIUM STEARATE (VEGETABLE SOURCE), SILICON DIOXIDE.

PRODUCED IN A FACILITY THAT PROCESSES MILK, EGG, WHEAT, SOY, FISH, AND SHELLFISH INGREDIENTS.

CONTAINS NO ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES.

CAUTION: DO NOT USE IF PREGNANT OR NURSING.

IF TAKING PRESCRIPTION DRUGS, CONSULT YOUR HEALTH CARE PRACTITIONER PRIOR TO USE.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.**