

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Caution: Do not use this product if pregnant or nursing, if you have high blood pressure, cardiovascular disease, have a blood clotting disorder, or are taking blood thinning medication. Discontinue use and consult a healthcare professional if you have a liver disorder or develop symptoms of liver trouble such as abdominal pain, dark urine or jaundice. Persons with allergies to plants of the *Asteraceae* family (including ragweed) should use this product with caution. If you are taking any medications consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

◆ LN11608.A01 BLK8141A



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



Change-O-Life® Women's Health*



180 Vegetarian Capsules / 7 Herbs

DIETARY SUPPLEMENT

Recommendation: Take 3 capsules twice daily, preferably with food.

Supplement Facts

Serving Size 3 Capsules / Servings per Container 60

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Change-O-Life® Blend	1.32 g	**
Black Cohosh (root), Blessed Thistle (stem, leaf, flower), Dong Quai (root), Eleuthero (root), Licorice (root), Pomegranate (seed), Sarsaparilla (root),		

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate



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Questions? 1-800-9NATURE / naturesway.com