

LifeExtension®

Life Extension Mix™ Tablets with Extra Niacin



State-of-the-Art
Multi-Nutrient Formula

Dietary
Supplement

315 Tablets

Supplement Facts

Serving Size 9 Tablets (per day) • Servings Per Container 35

Amount Per Serving	% Daily Value
Vitamin A (as Betatene™ natural beta-carotene from dunaliella and acetate)	5000 IU 100%
Vitamin C (as calcium ascorbate, ascorbic acid, ascorbyl palmitate, magnesium ascorbate, niacinamide ascorbate, acerola extract)	2000 mg 3333%
Vitamin D3 (as cholecalciferol)	2000 IU 500%
Vitamin E (as α -alpha tocopherol succinate and α -alpha tocopherol)	100 IU 333%
Thiamine (vitamin B1) (as thiamine HCl)	125 mg 83.33%
Riboflavin (vitamin B2) (as riboflavin 5'-phosphate)	50 mg 294.1%
Niacin (as 5% niacinamide, 40% niacin, 2% niacinamide ascorbate)	862 mg 4310%
Vitamin B6 (as pyridoxine 5'-phosphate (100 mg) and pyridoxine HCl (5 mg))	105 mg 5250%
Folate (from lemon extract (peel))	400 mcg 100%
Vitamin B12 (as methylcobalamin)	600 mcg 10000%
Pantothenic acid (as D-calcium pantothenate, Ca D-gluconate)	300 mg 100%
Calcium (as Ca ascorbate, D-calcium pantothenate, Ca D-gluconate)	400 mg 100%
Magnesium (as magnesium oxide, citrate, OptiZinc® zinc monomethionine)	100 mg 100%
Zinc (as zinc citrate, OptiZinc® zinc monomethionine)	35 mg 233%
Selenium (as 50% Se-Methyl L-selenocysteine, 25% L-selenomethionine (yeast free))	200 mcg 286%
(SelenoPure™, 25% sodium selenite)	
Copper (as TRAACS® copper bisglycinate chelate)	1 mg 50%
Manganese (as manganese gluconate)	500 mcg 50%
Chromium (as Crominex® 3+ chromium gluconate)	50 mcg 41.7%
Amata extract (fruit) and PrimaVie® Shiitaji®	
Molybdenum (as sodium molybdate)	125 mcg 16.7%
Potassium (as potassium chloride)	37.4 mg 1%
N-Acetyl-L-cysteine (NAC)	
Taurine	
Inositol	
Phosphatidylcholine (from soy)	
Choline (as choline bitartrate)	200 mg **
Boron (as Albion® boroganic glycine)	250 mg **
Trimethylglycine (TMG) (as betaine anhydrous)	120 mg **
Citrus bioflavonoid complex (bitter orange, peel and fruit)	3 mg **
[Std. to 50% hesperidin (100mg)]	100 mg **
Decaffeinated green tea extract (leaf) (standardized to 45% epigallocatechin gallate (EGCG)) (146.25 mg)	200 mg **
Aceroia extract 4:1 (berry)	300 mg **
Fruitberry complex (proprietary blend of blackberry, blueberry, cherry, cranberry, elderberry, persimmon, prune powders)	200 mg **
Wild blueberry, anthocyanin extract (fruit)	725 mg **
Milk thistle extract (seeds) [Std. to 65% silymarin (85 mg)]	150 mg **
Milk thistle extract (seeds) [Std. to 65% silymarin (85 mg)]	100 mg **
Maqui berry (Aristotelia chilensis) anthocyanin extract (fruit)	85 mg **
CherryPur® tart cherry (Prunus cerasus) proanthocyanidin extract (fruit)	85 mg **
POMELLA® pomegranate extract (fruit) [std. to 30% punicalagins (25.5 mg)]	60 mg **
Natural mixed tocopherols (providing gamma, delta, alpha, beta (tocopherol))	30 mg **
MirtoSelect® bilberry extract (fruit)	25 mg **
LeucosideCT® grape seed proanthocyanidin extract (whole grapes)	25 mg **
Bromelain (from pineapple) (stem) (2400 gelatin digestive units/gm)	15 mg **
Delphinidins from Delphin® (maqui berry (Aristotelia chilensis) extract)	2 mg **
Lutein (from mangold extract (flower)) (providing 465 mcg trans-zeaxanthin)	15 mg **
Olive juice extract (fruit)	12.5 mg **
(providing polyphenols, hydroxytyrosol, tyrosol and oleuropein)	10 mg **
Sesame seed lignan extract	8 mg **
Lycopene (from orange extract (fruit))	3 mg **
Lycopene (from Tomato-O-Reg® natural tomato extract (fruit))	2 mg **
Cyanarin-3-glucoside (C3G) from black currant extract (fruit)	1.25 mg **
trans-Perostilbene (from pterostilbene (fruit))	0.5 mg **

**Daily Value not established.

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Other ingredients: dicalcium phosphate, microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, stearic acid, vegetable stearate, silica, pharmaceutical glaze, maltodextrin. Contains fish (tilapia) and soybeans. .

Manufactured for:
Quality Supplements and Vitamins, Inc.

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To report a serious adverse event or obtain product information,
contact 1-866-280-2852.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Store tightly closed in a cool, dry place.



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