

NO YEAST,  
NO WHEAT,  
NO GLUTEN,  
NO MILK OR MILK  
DERIVATIVES,  
NO LACTOSE,  
NO SUGAR,  
NO PRESERVATIVES,  
NO SOY,  
NO ARTIFICIAL FLAVOR,  
NO SODIUM.

**FINEST**  
NUTRITION

**HEART HEALTH\***

CONTAINS OMEGA-3 ALA

**FLAXSEED OIL**

**1300 mg**

PER SOFTGEL

HELPS SUPPORT HEALTHY  
CARDIOVASCULAR SYSTEM\*

DIETARY  
SUPPLEMENT

**200 SOFTGELS**  **GLUTEN FREE**

**USE ONLY IF INNER SEAL IS NOT BROKEN  
OR MISSING.**

**SUGGESTED USE:** As a dietary supplement  
for adults, take one (1) softgel two times daily  
with meals.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1.5 g	2%**
Polyunsaturated Fat	1 g	***
Organic Flaxseed Oil with Lignans	1,300 mg (1.3 g)	***
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	650 mg	***
Linoleic Acid (Omega-6)	143-312 mg	***
Oleic Acid (Omega-9)	143-312 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, Glycerin, Caramel  
Color.

**WARNING:** Not intended for use by pregnant or  
nursing women. If you take a prescription medica-  
tion or have any medical condition, consult a  
physician before using this product. Discontinue  
use and consult your doctor if any adverse  
reactions occur.

**Keep out of reach of children.**

Store at room temperature, tightly closed.

**Flaxseed Oil contains an essential Omega-3 fatty  
acid, which helps to support healthy cardiovas-  
cular function.\***

**\*These statements have not been evaluated by  
the Food and Drug Administration. This  
product is not intended to diagnose, treat, cure  
or prevent any disease.**

**Questions or comments? 1-800-925-4733**

DISTRIBUTED BY: WALGREEN CO.  
200 WILMOT RD., DEERFIELD, IL 60015

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FRESHNESS & POTENCY GUARANTEED THROUGH:

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