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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take three (3) tablets daily, with or without food, or as recommended by a healthcare practitioner.

CAUTION: Individuals with in-born errors of copper metabolism (e.g. Wilson's disease) should avoid daily, chronic use of this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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LifeExtension®

Hair, Skin & Nails Rejuvenation Formula with VERISOL®



Contains Clinically Validated Nutrients
to Promote Beauty from Within*

Dietary
Supplement

90 Tablets

Supplement Facts

Serving Size 3 Tablets • Servings Per Container 30

Amount Per Serving	% Daily Value	
Niacin (as niacinamide)	18 mg	90%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
Biotin	2500 mcg	8333%
Pantothenic acid (as D-calcium pantothenate)	13.68 mg	137%
Calcium (as dicalcium phosphate)	50 mg	5%
Zinc (as zinc oxide)	15 mg	100%
Copper (as copper sulfate)	1.65 mg	83%
VERISOL® Bioactive Collagen Peptides®	2500 mg	**
Cynatine® HNS (providing solubilized keratin)	500 mg	**
Silicon [from std. bamboo extract (stem)]	3 mg	**

**Daily Value not established.

Other ingredients: microcrystalline cellulose, croscarmellose sodium, stearic acid, aqueous film coating (hypromellose, glycerin, purified water), silica.

Manufactured for: Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain product
information, contact 1-866-280-2852.