DIRECTIONS: For adults and children 4 or more years of age, chew one (1) wafer per day. For children less than 4 years old, discuss the use of dietary supplements with your pediatrician.

Greens Today® Children's Formula is a delicious, naturally flavored Superfood Multivitamin and Mineral supplement perfect for supplying targeted nutrition for Kids Everyday Health.** This product includes an exclusive blend of Vitamins and Minerals. Superfoods and Herbs in a convenient. easy-to-take wafer form. Greens Today® Children's Formula contains NO: artificial color or flavors, or synthetic preservatives.

This product is sold by weight, not volume.

Settling of contents may occur during shipping and handling.

WARNING: Keep Out of Reach of Children. Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NATURE'S ANSWER

27405 REV 314

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Store in a cool, dry place.



Supplement Facts

Amount Per Serving	% Daily Value		Amount Per Serving	% D	
Calories	5		Selenium	10 mc	
Total Carbohydrate	1 g	<1%*	(as Selenium Amino Acid Chelate)		
Vitamin A (as Beta-Carotene)	2.500 IU	50%	Copper (as Copper Gluconate)	1 m	
Vitamin C (as Sodium Ascorbate)	19 mg	32%	Manganese (as Manganese Gluconate)	2.5 m	
Vitamin D3 (as Cholecalciferol)	215 IU	54%	Chromium (as Chromium Picolinate)	125 mc	
Vitamin E (as d-Alpha Tocopheryl Succinate and Mixed Tocopherols)	22 IU	73%	Molybdenum (as Molybdenum Glycinate Chelate)	10 mc	
Thiamin (Vitamin B1) (as Thiamin Mononitrate) 2.5 mg		167%	Sodium (as Sodium Ascorbate)	2 m	
Riboflavin (Vitamin B2)	2.5 mg	147%	Potassium (as Potassium Citrate)	10 m	
Niacin (as Niacinamide)	10 mg	50%	Proprietary Fiber & Protein Blend	115 m	
Vitamin B6 (as Pyridoxine Hydrochloride)	2.5 mg	125%	Fructooligosaccharides (FOS), Apple Fibe (tuber), Flaxseed, Brown Rice, Oat Bran.		
Folic Acid	220 mcg	55%	Proprietary Superfood Blend	62 m	
Vitamin B12 (as Cyanocobalamin)	14 mcg	233%	Alfalfa Juice (leaf), Barley (grass), Wheat (grass), Card Acerola Extract (fruit), Spinach (leaf).		
Biotin	85 mcg	28%	Proprietary Fruit Blend	20 m	
Pantothenic Acid	8 mg	80%	Orange Juice (fruit), Pineapple (fruit).		
(as Calcium d-Pantothenate)			Lecithin (soy)	37 m	
Calcium (as Calcium Carbonate and Calcium Citrate Malate)	160 mg	16%	Proprietary Herbal Blend Stevia Leaf Extract, Licorice Root Extract.	13 m	
Iron	5 mg	27%	Inositol	12 m	
Phosphorus (as Phosphorus Chelate)	0.8 mg	<1%	Proprietary Antioxidant Blend	4 m	
Iodine (as Kelp)	45 mcg	30%	Beet Juice (root), Rose Hips Extract.		
Magnesium (as Magnesium Citrate)	60 mg	15%	Royal Jelly	10 m	
Zinc (as Zinc Citrate)	5 mg	33%	*Percent Daily Values are based on a 2,000 † Daily Value not established.	calone diet.	

Amount Per Serving	% Dai	ly Value
Selenium (as Selenium Amino Acid Chelate)	10 mcg	14%
Copper (as Copper Gluconate)	1 mg	50%
Manganese (as Manganese Gluconate)	2.5 mg	125%
Chromium (as Chromium Picolinate)	125 mcg	104%
Molybdenum (as Molybdenum Glycinate Chelate)	10 mcg	13%
Sodium (as Sodium Ascorbate)	2 mg	<1%
Potassium (as Potassium Citrate)	10 mg	<1%
Proprietary Fiber & Protein Blend Fructooligosaccharides (FOS), Apple Fibe (tuber), Flaxseed, Brown Rice, Oat Bran.	2000 0000	tichoke
Proprietary Superfood Blend Alfalfa Juice (leaf), Barley (grass), Wheat Acerola Extract (fruit), Spinach (leaf).	62 mg (grass), Carob,	† Chlorella
Proprietary Fruit Blend Orange Juice (fruit), Pineapple (fruit).	20 mg	Ť
Lecithin (soy)	37 mg	Ť
Proprietary Herbal Blend Stevia Leaf Extract, Licorice Root Extract,	13 mg Eleuthero Root	† Extract.
Inositol	12 mg	Ť
Proprietary Antioxidant Blend Beet Juice (root), Rose Hips Extract.	4 mg	Ť
Royal Jelly	10 mg	1

Call 1-800-439-2324 for product information, or access our website: www.greenstoday.com,