

A Healthy Holiday Indulgence

Just in time for the holidays! Enjoy a cool, refreshing blast of peppermint smothered in delicious chocolate blended together for a special holiday treat. Amazing Meal® Chocolate Peppermint is a powerful blend of plant-based protein, nutritious greens, phytonutrient packed fruits and veggies, digestive enzymes and probiotics with a delicious holiday twist.

Organic, Plant-Based Protein

Naturally sourced from organic hemp seed, brown rice, sprouted quinoa and pumpkin seed.

Antioxidant & Phytonutrient SuperFoods

Chlorophyll-packed organic wheat grass, barley grass, alfalfa, kale, organic super fruits – açai and goji berries and raw power of maca.

Cleansing Fiber, Digestive Enzymes & Probiotics

To help balance blood sugar (for individuals within normal, healthy ranges), improve digestion and promote healthy intestinal flora.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

OUR PROCESS

Amazing Grass® is from farms, not factories. To see how we uniquely capture and lock in nutrition please visit AmazingGrass.com/process.

OUR FRIENDS

We've partnered with our friends to enrich Amazing Meal® with premium açai powder from Sambazon® and fresh hemp protein from Manitoba Harvest™.



THE AMAZING STORY

AMAZING GRASS
CEREAL GRASSES
& ARE GROWN
& HARVESTED ON

OUR
FAMILY FARM
IN KANSAS.

OUR DEDICATION TO
THE FINEST

& RAW
INGREDIENTS
KEEPS THE BEST OF WHAT

MOTHER
NATURE
HAS PERFECTED.

IN THE END
MAKING OTHERS
HAPPY
MAKES US
HAPPY PEOPLE.

NEW
To You!
From Amazing
Grass

AMAZING GRASS®

Amazing Meal

RAW, PLANT-BASED
NUTRITIONAL SUPPLEMENT



Chocolate Peppermint

USDA
ORGANIC

NET WT.
14.7 OZ. (417 G)

15 SERVINGS

UP TO
16g
PROTEIN

UP TO
6g
FIBER

100%
PLANT-BASED

Best kept frozen,
refrigerated or in a
cool, dry place after opening.

VEGAN

RAW

GLUTEN
FREE

NON
GMO

U

Enjoy what's
inside. Recycle
what's outside.



Suggested Use

ACTIVE:

Mix 1 1/2 scoops

with 15 or more

ounces of

your favorite

milk product.

MAINTAIN:

Mix 1 scoop

with 10 or more

ounces of

your favorite

milk product.

Supplement Facts

Serving Size - one scoop (28 grams)
Servings per container - about 15

	MAINTAIN		ACTIVE	
	Amount Per Scoop	% Daily Value	Amount Per 1.5 Scoops	% Daily Value
Calories	100		150	
Calories from fat	15		25	
Total Fat	1.5 g	3%	2.5 g	4%
Cholesterol	0 g	0%	0 g	0%
Total Carbohydrate	8 g	3%	12 g	4%
Dietary Fiber	4 g	16%	6 g	24%
Sugars	1 g	2%	2 g	4%
Protein	12 g	24%	18 g	36%
Vitamin A (as beta carotene)	1,800 IU	36%	2,700 IU	54%
Vitamin C	9 mg	18%	14 mg	28%
Vitamin E	21 mg	42%	32 mg	64%
Biotin	0.17 mg	34%	0.26 mg	52%
Vitamin B6	0.04 mg	8%	0.06 mg	12%
Vitamin B12	0.56 mcg	11%	0.84 mcg	17%
Calcium	62 mg	12%	93 mg	19%
Iron	6 mg	10%	9 mg	15%
Iodine	5 mcg	10%	8 mcg	16%
Selenium	2 mcg	4%	3 mcg	6%
Manganese	1 mg	20%	1.5 mg	30%
Sodium	30 mg	1%	45 mg	2%
Potassium	230 mg	7%	345 mg	10%
Chlorophyll	25 mg	†	37.5 mg	†
Protein Blend	16 g	†	24 g	†
Organic Brown Rice Protein, Organic Hemp Protein, Organic Pumpkin Seed Protein and Organic Quinoa				
Greens Blend	3.1 g	†	4.7 g	†
Organic Wheat Grass, Organic Barley Grass, Organic Alfalfa and Organic Kale				
Antioxidant Fruit and Vegetable Blend	2.8 g	†	4.2 g	†
Organic Banana Organic Maca, Organic Rose Hips, Organic Carrot, Organic Acai, Organic Goji and Organic Blueberry				
Organic Flax Seed Powder	500 mg	†	750 mg	†
Digestive Enzyme and Active Culture Probiotic Blend L. Acidophilus, Alpha and Beta Amylase, Protease, Lipase, Lactase and Cellulase	218 mg	†	327 mg	†

†Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: Organic Cocoa Powder, Natural
Chocolate Peppermint Flavor, Organic Guar Gum, Organic
Madagascar Vanilla, Natural Flavors and Organic Stevia.
All flavors used by Amazing Grass® are Organic, Compliant,
GMO Free, All Natural, Kosher Pareve and Vegan.

Product of USA. Proudly Distributed by:
Amazing Grass®
220 Newport Center Dr., Suite 22
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Certified Organic by CCOF

