



DISCUSSION: Peak K2 is menatetrenone (MK-4), a form of vitamin K2 made in the body from phyloquinone (vitamin K1) and distinct from the menaquinones made by probiotic bacteria. Available science indicates that vitamin K2 – and especially menatetrenone – is superior to Vitamin K1 in maintaining the health of the bones and vascular system. Clinical trials have proven that high-dose vitamin K2 does not cause excessive or abnormal blood clotting, although it will interfere with “blood thinning” medications.

Product Code	Size	Per Capsule	Vegetarian
AOR08007	90 Vegi-Caps	15 mg	100% Vegetarian

Supplement Facts

Serving Size: 1 Capsule	Amount Per Capsule	% Daily Value
	15mg	18,750%
Menatetrenone (Vitamin K2 [MK-4])		

**Dietary Reference Intake not established.*

Other ingredients: microcrystalline cellulose. Capsule: hypromellose, water.

AOR™ guarantees that no ingredients not listed on the label have been added to the product. Contains no corn, wheat, gluten, nuts, dairy, soy, eggs, fish, shellfish or any animal byproducts.

ADULT DOSAGE: Take one to three capsules daily with food, or as directed by a qualified health care practitioner.

Main Applications

As reported by literature:

- Bone health
- Brain health
- Cardiovascular function

Source

Solanesol (from *Nicotiana tabacum*).

Pregnancy / Nursing

Do not use.

Cautions

• Clinical trials have documented that menatetrenone does not induce hemostatic activation. However, it will interfere with the activity warfarin (Coumadin®) and possibly other anticoagulant ("blood thinning") medications. Patients prescribed anticoagulants must not take this supplement.

• **STORE IN A COOL DARK PLACE. HARMLESS CLUMPING MAY OCCUR AT TEMPERATURES EXCEEDING 35C**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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