

SAMe

400 mg

LifeExtension®

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400 mg

S-Adenosyl-Methionine



**Supports Joints and
Emotional Well-Being***

Dietary Supplement **60** Enteric Coated Tablets

400 mg • 60 Enteric Coated Tablets

DIRECTIONS: Take one (1) tablet two to three times daily in divided doses, preferably on an empty stomach, or as recommended by a healthcare practitioner. Take with co-factors vitamins B12, B6, and folic acid.

CAUTION: SAMe should not be taken by those diagnosed with bipolar disorder.

Store in a cool dry place.



WARNINGS

- **KEEP OUT OF REACH OF CHILDREN.**
- **DO NOT EXCEED RECOMMENDED DOSE.**
- **Do not purchase if foil is broken or damaged.**
- **When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SAMe has multiple mechanisms of action that are used throughout the body*

Brain and Mood

SAMe boosts brain cell methylation and facilitates youthful DNA enzymatic actions. These enzymatic actions are required for the healthy conversion of neurotransmitters such as norepinephrine, dopamine, and serotonin and may account for SAMe's mood-elevating properties. SAMe also helps maintain acetylcholine levels which are necessary for cognitive function.*

Liver and Detox

In order to perform its detoxification role, the liver continually performs large numbers of complex enzymatic reactions. SAMe facilitates healthy methylation enzymatic processes and boosts hepatic levels of glutathione, a critical antioxidant.*

Joint

SAMe may help to ease inflammation and can support healthy joint mobility and function without side effects.*

QE01934B

Supplement Facts

Serving Size One Enteric Coated Tablet

Amount Per Serving	% Daily Value
S-Adenosyl-Methionine	400 mg **

**Daily value not established.

Other Ingredients: cellulose, mannitol, hydroxypropyl methylcellulose phthalate, citric acid, stearic acid, silica, glyceryl triacetate, sodium starch glycolate, croscarmellose sodium, titanium dioxide, yellow ochre.

Manufactured for:
Quality Supplements and Vitamins, Inc.
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LifeExtension.com

To report a serious adverse event or obtain product information, contact
1-866-280-2852.