

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL.

As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving | | %Daily Value |
|--|--------|--------------|
| Calcium | 500 mg | 50% |
| (as Oyster Shell, Calcium Carbonate and Calcium Gluconate) | | |
| Magnesium | 250 mg | 63% |
| (as Magnesium Oxide and Magnesium Gluconate) | | |

Other Ingredients: Vegetable Cellulose, Titanium Dioxide Color, Vegetable Magnesium Stearate.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast. Sodium Free.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Sundown
Naturals[®]

CHELATED

Calcium and Magnesium

Promotes Bone Health*

100 TABLETS

DIETARY SUPPLEMENT

**Smart
Facts**

Calcium and Magnesium play essential roles in maintaining bone mineralization and are also involved in muscle contractions and nerve impulses.* Because the body cannot produce Calcium, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium can play a role in maintaining bone health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

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