

 *Health through the power of nature,  
that's what it means to Trust the Leaf.<sup>®</sup>*

**Horsetail** grass contains silica, which is traditionally used for healthy hair and nails.\* Our Horsetail is carefully tested and produced to superior quality standards.

**Keep out of reach of children.** Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

**GLUTEN FREE.** No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

 **VEGETARIAN**

◆ LN14300.B03 BLK8163B



\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



# Horsetail

## Grass



**100 Vegetarian Capsules / 440 mg**

DIETARY SUPPLEMENT

**Recommendation:** Take 1 capsule three times daily.  
**Note:** Increase fluid intake during use. If you are pregnant, nursing, taking any medications or have kidney dysfunction, consult a healthcare professional before use.

### Supplement Facts

Serving Size 1 Capsule

| Amount Per Serving     | % DV      |
|------------------------|-----------|
| Horsetail (stem, leaf) | 440 mg ** |

\*\*Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose)

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**Questions?** 1-800-9NATURE / [naturesway.com](http://naturesway.com)

