

Millions of people have already benefited from a powerful message seen on TV across the country. The message is simple; you can have a flatter abdomen, less bloating, feel energized and feel clean and light inside.* Dual-Action Cleanse is a two-part program combining more than 50 botanical ingredients. It leaves you feeling internally clean and energized.*



"My whole body feels lighter and clean inside, plus I look trimmer. It's almost a feeling of euphoria!"
— M. Gzalek, Writer

"I just really recommend it to everyone to try at least once, to get all that old stuff out of you."

— M. Khan, Artist



"It makes me feel amazing inside. You've got to try this!"
— L. Tanner, Teacher



**FEELING
TIRED, HEAVY
OR BLOATED?**



**CONSIDER
WHAT YOU
DRINK...**



**THE
ENVIRONMENT
YOU LIVE IN...**



**AND THE
FOOD YOU
EAT...**



Keri Irwin,
Educator, Formulator
and Author



CELLULAR RESEARCH FORMULAS®
THE SCIENCE OF WELLBEING



Why do I need to cleanse internally?

PROBLEM ONE:



Our bodies have multiple routes of detoxification. Poor diets and environmental pollutants can overwhelm these systems.

SOLUTION ONE:



TOTAL BODY PURIFIER
Total Body Purifier helps support your body's overall wellness.* It contains ingredients like Alfalfa & Dandelion which help support the digestive tract.* The Enzyme Blend promotes less bloating and gas.*

PROBLEM TWO:



Our modern diet of processed low fiber, chemical filled food actually slows the digestive system and "clogs us up" inside. It can even make our abdomen look bloated and distended, since many of us carry around unneeded compacted matter in our colon.

SOLUTION TWO:



COLON CLEAR FORMULA
Formulated with a combination of gentle herbs to unclog and cleanse your digestive system using your body's own powers of peristaltic movement.* This will promote elimination and healthy digestion.*

Dual-Action Cleanse®

✓ **Flatter Abdomen***

✓ **Feel Energized***

✓ **Less Bloating***

✓ **Feel Clean Inside***

**2-Part Program for Total-Body Cleansing & Detoxification
with Anti-Gas/Anti-Bloat Enzymes***

**BOTTLE 1: 60 TABLETS
TOTAL BODY PURIFIER®**



**BOTTLE 1: 90 TABLETS
COLON CLEAR® FORMULA**

DIETARY SUPPLEMENT

IMPORTANT:
Cellular Research Formulas meet the highest standard of potency, quality and freshness. Dual-Action Cleanse is a cleansing program that is not intended to be used all year long. Use it for one month and then take a break for one month before using it again. This two-part program includes the Total Body Purifier - which promotes the removal of environmental and dietary toxins from the body through the digestive tract - and Colon Clear - which supports normal digestion and bowel movements to keep food and toxins moving through your body without lingering in your system too long. The result? You feel lighter, more energetic and cleaner inside.* Although "copycat" products are on the market, you will not find a better formula than Dual-Action Cleanse on store shelves. A key ingredient group that is missing from these imitations is the crucial group of ingredients that we call "Anti-Gas/Anti-Bloat Digestive Enzyme Blend." These ingredients are too expensive for most retail brand colon cleanse/digestion products to include.

WARNINGS:

Do not use if safety seal is broken. Do not exceed recommended daily intake. Do not use if you are pregnant or nursing. Not intended for use by persons under 18 years of age. Do not use if you have an intestinal obstruction, hemorrhoids or other intestinal disorders. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool dry place. This product is not intended to be used without breaks. Cascara Sagrada, Chinese Rhubarb and Cape Aloe belong to a family of plants containing compounds with laxative effects. With long-term use without breaks, these ingredients may interfere with diagnostic imaging procedures of the colon. Taking a break of 30 or more days between use cycles will help maintain natural regularity. Not intended for long-term use. Taking this product without adequate fluid may cause choking.
WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

NOTICE: These products contain Cascara Sagrada, Chinese Rhubarb and Cape Aloe. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada, Chinese Rhubarb or Cape Aloe may worsen these conditions and can be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

Dual-Action Cleanse

DIRECTIONS - Total Body Purifier®

(Adult) Take one (1) tablet with breakfast and a full glass of water and one (1) with dinner and a full glass of water.

DIRECTIONS - Colon Clear® Formula

(Adult) Everyone's digestive system is different, so people respond differently to the Colon Clear Formula. Start by taking one (1) tablet in the morning and one (1) in the evening with food and a full glass of water. If you do not achieve two daily bowel movements within two days, take two (2) tablets in the morning and two (2) in the evening. If you still do not achieve two bowel movements per day, then move up to three (3) tablets in the morning and three (3) in the evening. Do not exceed a total of six (6) tablets a day. Do not take product for more than 30 days at a time, without a break of 30 days or more.

Total Body Purifier

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 60

	Amount per Serving	% Daily Value
Calcium (as Calcium Carbonate)	56 mg	6%
Iodine (as Kelp from Proprietary Blend)	13 mcg	9%
Proprietary Blend	498 mg	†
Alfalfa powder (leaf), Fenugreek powder (seed), Dandelion (Taraxacum officinale) powder (root), Fennel powder (seed), Yarrow (Achillea millefolium) powder (flower), Eleuthero extract (0.8% eleutherosides/root), Green Tea extract (50% polyphenols, 6% caffeine)(leaf), Hawthorn (Crataegus laevigata) powder (fruit), Horsetail (Equisetum arvense) powder (herb), Licorice (Glycyrrhiza glabra) powder (root & rhizome), Marshmallow powder (root), Peppermint powder (leaf), Red Clover powder (aerial), Red Raspberry (Rubus idaeus) powder (leaf), Safflower Oil powder (seed), Skullcap powder (herb), Black Cohosh powder (root), Burdock (Arctium lappa) powder (root), Chickweed powder (herb), Clubmoss powder (aerial), Ginger powder (root), Irish Moss (Chondrus crispus) powder (whole plant), Kelp powder (Laminaria spp.), Mullein (Verbascum thapsus) powder (leaf), Papaya powder (leaf), Plantain powder (herb), Slippery Elm powder (bark), Yellow Dock powder (root), Milk Thistle extract (80% silymarin)(seed), Aphanizomenon flos-aquae (Blue-Green Algae) powder, Beet powder (root), Cape Aloe gum (herb), Chinese Rhubarb (Rheum palmatum) powder (root), Cranberry (Vaccinium macrocarpon) extract (4:1)(fruit), Soy Lecithin, Turmeric powder (rhizome)	160 mg	†
Anti-Gas / Anti-Bloat Digestive Enzyme Blend Amylase, Cellulase, Lactase, Lipase, Protease		

†Daily Value not established

Other Ingredients: Microcrystalline cellulose, stearic acid, sodium starch glycolate, silicon dioxide, croscarmellose sodium, hydroxypropyl cellulose, magnesium stearate, soy polysaccharides and natural peppermint flavor.

Contains: Soy, Crustacean Shellfish (lobster, crab, shrimp)

Colon Clear Formula

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 90

	Amount per Serving	% Daily Value
Calcium (as Calcium Carbonate)	96 mg	10%
Proprietary Blend	554 mg	†
Cascara Sagrada powder (bark), Fennel powder (seed), Psyllium powder (seed husk), Ginger powder (root), Acacia Gum, Alfalfa powder (leaf), Apple Fiber powder (fruit), Apple Pectin powder (fruit), Barley Grass powder (leaf), Beet powder (root), Karaya Gum, Lemon Peel powder (fruit), Dat Bran powder, Peppermint powder (leaf), Red Raspberry (Rubus idaeus) powder (leaf), Slippery Elm powder (bark), Guar Gum, Lactobacillus acidophilus (1 million/g), Garlic extract (0.8% allicin)(bulb), Pau d'Arco powder (bark), Turmeric powder (whole plant), Watercress powder (leaf)		

†Daily Value not established

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, hydroxypropyl cellulose, magnesium stearate, sodium starch glycolate, soy polysaccharides and natural anise flavor.

Contains: Soy

Green Tea Fat Burner®

Supplement Facts

Serving Size: 2 Soft-Gels
Servings per Container: 15

	Amount per Serving	% Daily Value
Green Tea extract (50% EGCG)(leaf)	400 mg	†
Caffeine	160 mg	†
Vitality Boost Asian Ginseng extract (25% ginsenosides)(root), Eleuthero powder (0.8% eleutherosides)(root), Holy Basil extract (2% ursolic acid)(herb), Mate (Yerba Mate) powder (leaf), Schisandra (Schisandra chinensis) powder (fruit)	100 mg	†
Antioxidant Boost Bilberry powder (fruit), Blueberry (Vaccinium angustifolium) powder (fruit), European Elder powder (fruit), Grape Skin powder (fruit), Pomegranate powder (fruit)	100 mg	†

†Daily Value not established

Other Ingredients: Soy bean oil, gelatin, purified water, soy lecithin, beeswax, glycerin, titanium dioxide and sodium copper chlorophyllin.

Contains: Soy

Directions: (Adult) As an addition to your reduced calorie diet and exercise, take two (2) Liquid Soft-Gels in the morning and one (1) or two (2) Liquid Soft-Gels in the afternoon with meals with a full glass of water. If caffeine keeps you up at night do not take this product in the evening since it contains caffeine.

Distributed by:
Cellular Research Formulas®
P.O. Box 10451 • Van Nuys, CA 91409

**Questions: Contact Nutritional Support
Questions@AppliedNutrition.com**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.