This product has been developed, manufactured and packaged by Vitamin World, Our world-class facilities allow us to control exactly what goes into each product. It is your assurance that you are getting the highest quality and freshest products. You have our guarantee!

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or

nursing women. Avoid this product if you are allergic to yeast. If you are taking any medications, consult your doctor before use Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of ω children. Store in a cool, dry place. Do not use if seal under cap is broken or N = missing.

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Natural Selenium 50 mcg

May Reduce the Risk of Certain Forms of Cancer (see side panel)

Vegetarian Dietary Supplement

TABLETS

DIRECTIONS: For adults, take one (1) to four tablets daily. preferably with a meal.

Supplement Facts Serving Size 1 Tablet

Amount Per Serving %Daily Value

Selenium 71% 50 mca (as Selenium Yeast)

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Debittered Brewer's Yeast, Vegetable Magnesium Stearate, Silica

Contains wheat ingredients.

Selenium is an essential trace mineral that supports the immune system.* Some scientific evidence suggests that consumption of Selenium may reduce the risk of certain forms of cancer, However, the FDA has determined that this evidence is limited and not conclusive.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat. cure or prevent any disease