

Vitamin B-12 is essential for normal formation of blood cells and contributes to the health of the nervous system.*

WARNING: If you are pregnant, nursing a baby or considering becoming pregnant, ask a doctor before using this product. If you take a prescription medication or have any medical condition, consult a physician before using this product.

NO YEAST
NO WHEAT
NO GLUTEN
NO MILK OR MILK DERIVATIVES
NO LACTOSE
NO SUGAR
NO SOY
NO ARTIFICIAL COLOR
NO ARTIFICIAL FLAVOR
NO SODIUM

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM 938506 W10093-0216-F

Item: 18187 B18187 00A



FINEST
NUTRITION
ENERGY METABOLISM*

B-12
LIQUID

5,000 mcg
PER SERVING
(1 mL)

BERRY FLAVOR



DIETARY
SUPPLEMENT

2 FL OZ (59 mL)

SUGGESTED USE: SHAKE WELL BEFORE USE.
For adults, place one dropperful (1 mL) daily under the tongue and hold there for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 mL
Servings Per Container 59

Amount Per Serving	%Daily Value	
Vitamin B-12 (as Cyanocobalamin)	5,000 mcg	83,333%

OTHER INGREDIENTS: Purified Water, Sorbitol, Vegetable Glycerin, Natural Berry Flavor, Citric Acid, Potassium Sorbate (preservative).

Keep out of reach of children.
Store at room temperature, tightly closed.

Vegetarian Formula

Shake well before use.

(Questions or comments? 1-800-925-4733

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