

Suggested Use: Take 1 tablet daily with a meal.

Note: If you are pregnant, nursing, have any health condition or are taking any medications, consult your health care practitioner before using this product.

Keep out of reach of children.

Store in a cool, dry place.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in an NSF GMP certified facility.

Made in the **USA**.



vitamin angels

BUILD NUTRITION, INC.

244 Fifth Ave. #1729

New York, NY 10001

PRENATAL MULTI VITAMIN
SUPPLEMENT

60 CAPSULES • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 capsule Servings Per Container 60

Active Ingredient	Amount Per Serving	%DV
Vitamin A (palmitate)	3000 IU	60%
Vitamin C (ascorbic acid)	120mg	200%
Vitamin D3 (cholecalciferol)	400 IU	100%
Vitamin E (d-alpha-tocopheryl succinate)	30 IU	100%
Vitamin B1 (thiamine HCl)	3mg	200%
Vitamin B2 (riboflavin)	4mg	235%
Vitamin B3 (niacin)	20 mg	100%
Vitamin B6 (pyridoxine HCl)	25 mg	1250%
Folic Acid	800mcg	200%
Vitamin B12 (cyanocobalamin)	12mcg	200%
Biotin	30mcg	10%
Pantothenic Acid (d-calcium pantothenate)	10mg	100%
Iron (iron fumarate)	25mg	139%
Magnesium (oxide)	25mg	6%
Zinc (oxide)	25mg	167%
Calcium (carbonate)	200mg	20%
Copper (copper sulfate)	2mg	100%

Other ingredients: Vegetable capsule, rice flour, silicon dioxide, magnesium stearate.

For more information please visit:
<http://www.buildnutrition.com>
or call us toll-free at 1-800-435-8676

MICRO NUTRIENTS. MACRO IMPACT.