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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take three (3) softgels in the morning with or without food, or as recommended by a healthcare practitioner.

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified health care professional before using this product if you have, or have a family history of breast cancer, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. Do not take this product if you have a history of seizures. If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult with your healthcare provider before taking this product. KEEP OUT OF REACH OF CHILDREN. Do not purchase if outer seal is broken or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Q01897E

LifeExtension®

Cognitex® with Pregnenolone & Brain Shield® (Gastrodin)



Enhances Cognitive Function*

Dietary
Supplement

90 Softgels

Supplement Facts

Serving Size 3 Softgels • Servings Per Container 30

Amount Per Serving	% Daily Value
Alpha-Glycerol Phosphoryl Choline (A-GPC)	600 mg **
Phosphatidylserine [from Sharp-PS® Green]	100 mg **
Brain Shield® (Gastrodin)	50 mg **
Pregnenolone	50 mg **
Vinpocetine	20 mg **
Leucoselect® grape extract (seed)	150 mg **
BlueActiv™ Wild blueberry extract (fruit)	150 mg **
Sensoril® Ashwagandha extract (root and leaf) [providing 10 mg withanolide glycoside conjugates]	125 mg **
Uridine-5'-monophosphate (disodium)	50 mg **
Proprietary NeuroProtection Complex Blend Perluxe® Hops standardized extract (cones), Rosemary standardized extract (leaf)	125 mg **

**Daily Value not established.

Other ingredients: safflower oil, softgel (gelatin, glycerin, purified water, sorbitol, carob color), sunflower lecithin, silica, maltodextrin, modified food starch.

Manufactured for: Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309
LifeExtension.com

To report any adverse events call 1-800-332-1088.

Store tightly closed in a cool, dry place.